



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE SECOND SUNDAY IN LENT ♦ MARCH 17, 2019

FAITH FORMATION

Living the Questions: A Series for Inquirers

SUNDAYS, FROM MARCH 10 TO APRIL 14, 12:30 P.M.–2:30 P.M., *Bloedel Hall*

If you missed the first session, you may still join the class.

Are you curious about Episcopal liturgy, beliefs, or tradition? Are you feeling called to a deeper commitment with God? No matter where you are on your journey, consider attending this five-week series, which covers the basics of the Christian faith through the Episcopal lens. The series begins on Sunday, March 10 and continues on Sundays weekly through April 14. Sessions run from 12:30–2:30 p.m. in Bloedel Hall, and a light lunch will be provided each week. Following this series, some decide to become an Episcopalian through confirmation or reception into the church. Some experience a revival of the soul and desire to reaffirm their baptismal vows. Interested? For more information, contact The Rev. Cristi Chapman, cchapman@saintmarks.org

TODAY

First Hand Voices: Film Series introduction



SUNDAY, MARCH 17, 10:10 A.M. *Bloedel Hall*

This year's Mideast Focus Film Series theme is "Finding Home." Join us for an introductory forum, "First Hand Voices," which will feature Palestinian-American architect Rania Qawasma-Dana. She is a founder of Architecture for Refugees, a platform dedicated to raising awareness of the displacement crisis and engaging the public

in social equity and community based design. She is also the creator of "This is Home," an award winning infographic neighborhood guidebook for refugees.

Questions: Mary Segall, mesegall@yahoo.com



TODAY

Celebrating the Cathedral Shop

SUNDAY, MARCH 17, 12:30 P.M., *Leffler Living Room*

Join us one more time as we celebrate and remember the legacy of the Cathedral Shop. Share your memories and gratitude with those who have been connected to and made this treasured ministry of the Cathedral possible. Light refreshments will be served. No RSVP needed. Questions? Contact The Rev. Cristi Chapman, cchapman@saintmarks.org



CATHEDRAL COMMONS

The Invitation to Wisdom and Grace

WEDNESDAYS, MARCH 13, 20, & 27, 6:45–8:15 P.M. *Bloedel Hall. Free.*

Community dinner: 6–6:30 p.m. (adults \$7, children \$5, max family \$20.)

Facilitated by Dean Thomason

Drawing on the works of Richard Rohr, Ken Wilber, Kathryn Tanner, and the great mystics Teresa and Julian and others, the invitation to wisdom and grace involves work of self-awareness, disruption, and transformation. Using Rohr's rhythm of spiritual journey described as "Order—Disorder—Reorder" as the paradigm, our understanding of God unfolds from tribal and idolatrous features into the true character of mercy, justice and love, experienced as grace. All are welcome.

CATHEDRAL PRAYER LIST

To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org. Prayer requests are listed in *Sundays & Beyond* for approximately four weeks.

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. John, Kirkland and St. Thomas, Medina; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

John Gibson, Sr.	Donn Rosenauer
Gaylene Meyer	Donna
Elizabeth Ward	Robert
Linda Leisy	Cissy
Don & Lilian Snow	Kristi Davey Purvis
Peggy Marcellus	Tal Ross
Steve Sires	Penny and Bryan
Will Gluck	Sarah
Rob Singh	Woody
Judith Shaw	Morey
Anna Qualls Waitz	Erin McKinney
Linda Evans	Chris Kausche
Linda Hunter	Bill Seewer

THOSE WHO HAVE DIED

Peter Gomez

Young Adult Bible Study: the Lineages of Jesus

EVERY TUESDAY, MARCH 5–APRIL 9, 6:30 P.M.,
Fremont Coffee Company, 459 N 36th St., Seattle, WA 98103
Every Tuesday night from now through April 9, the Diocese of Olympia is hosting a Bible study for young adults at Fremont Coffee Company, focusing on the stories of the ancestors of Jesus. Feel free to come to every session, just one, or anything in between. Contact Sarah Blanco at youngadults@ecww.org for more information, or if you'd like a ride.



Lenten Quiet Morning @ Saint Mark's

SATURDAY, MARCH 23, 2019, 9 A.M.–12:30 P.M.,
Cathedral Nave

This special quiet morning will help you to move deeply into the sacred season of Lent with morning prayer, centering prayer, walking meditation, and unstructured time for reflection held in shared silence. This is a wonderful time for inner reflection and regenerative stillness as Lent unfolds. This event is co-sponsored by Saint Mark's Cathedral and The Center at Saint Andrew's. Donations (\$10–\$15 suggested) gratefully accepted. Reservations are appreciated; please contact The Rev. Canon Nancy Ross, nross@saintmarks.org

SUNDAY FORUM

Reflections on a Pilgrimage to the Holy Land

SUNDAY, MARCH 24, 10:10 A.M., *Bloedel Hall*
Join Deacon Earl Grout and Canon Jennifer King Daugherty as they reflect on their visit to the sites and shrines associated with the life of Jesus and what they learned about the foundational stories of our faith. They will also share their experiences with the Christians of today's Holy Land and the reality of the Palestinian/Israeli conflict.

Noel House Women's Shelter Volunteer Potluck Lunch

SUNDAY, MARCH 31, 12:30 P.M., *Leffler Living Room*
Join us at the Annual Noel House Volunteer potluck on March 31. We meet right after the 11:00 service in Leffler Living Room. It's a good time to share stories and receive updates from Noel House staff. Open to all: current, past and future volunteers and friends of Noel House. Bring some food to share. Beverages are provided. If you're new to Saint Mark's, this is a chance to learn more about the women's shelter. Saint Mark's has hosted the shelter for over 20 years. Contact Norva Osborn, norva@ix.netcom.com

NOTICE: The funeral for longtime parishioner Jane Pelly will be at Saint Mark's Cathedral Saturday, June 15, at 2 p.m.



Wellesley College Choir

SUNDAY, MARCH 24, 3:00 P.M., *Cathedral Nave*
Representing Wellesley College in Massachusetts, the Wellesley College Choir, directed by Dr. Lisa Graham, is thrilled to embark on their first concert tour to the Pacific Northwest. Join us and *Chroma*, an ensemble of Seattle Pro Musica directed by Karen P. Thomas, on March 24 at 3:00 p.m. at Saint Mark's Cathedral to hear the Spring 2019 touring ensemble, performing works by Ēriks Ešņvalds, Allahrakka Rahman, Ola Gjeilo, R. Murray Schafer, and Karen P. Thomas.

Episcopalian People of Color Gathering

SUNDAY, MARCH 31, 12:30 P.M.,

Cathedral House Room 210

Starting March 31, there will be a monthly gathering for queer, trans, and straight people of color interested in exploring questions of racial, cultural, and gender identities and assumptions as they relate to our experiences of faith and life. This new ministry will be led by POC members of Saint Mark's and is for any POC interested in the work of decolonizing their Christianity, practicing anti-racism from a POC perspective, and honoring queer-centered theology as these topics relate to personal identity and lived experience. We'll start with a short liturgy, share a meal, and hold a safe space for each other as we explore what it means to be a person of color inside a white majority church. For more information, contact Emma Song-Rowe at emma.song.rowe@gmail.com; Neshia Alaovae at nalaovae@gmail.com; Linda Chia at luchia0112@gmail.com; or Canon Jennifer Daugherty, jkdougherty@saintmarks.org

Who is God? What does God Want?

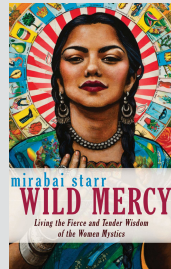
Exploring Scripture with 20s/30s

THURSDAYS: APRIL 25, MAY 2, MAY 9, & MAY 16, 7-8:30 P.M., *Leffler Living Room*

Come join other 20s/30s in exploring the questions, "Who is God? What does God want?" by studying and interpreting scripture together. We will look at different Old Testament and New Testament passages from a variety of perspectives—historical, contextual, theological, and more—in order to discover the "surplus of meaning" for our lives today. No prior experience or familiarity with scripture is required—just bring your curiosity and questions. Attendance at all four sessions is highly encouraged as each week will build on the last. Facilitated by Canon Jennifer Daugherty. To register and receive preparatory materials or for questions, contact jkdougherty@saintmarks.org

MIRABAI STARR: A FIERCE & TENDER WISDOM

Mirabai Starr has written extensively on the mystics and the unifying teachings at the heart of all spiritual paths, with a gift for making timeless wisdom accessible to contemporary seekers. She returns to Saint Mark's for three offerings:



Wild Mercy:

Wisdom of the Feminine

FRIDAY, MARCH 29, 6:30-8:30

P.M., *Bloedel Hall*

The feminine mystic is one who gathers the pain of the world into her arms and transmutes it with "wild mercy"—a merging of fierce courage with the unstoppable forces of

forgiveness, compassion, and love. And she is needed now more than ever. This is a public event, and no registration is required. Freewill donations accepted.

Writing Workshop: From Dark Night to Transformation

SATURDAY, MARCH 30, 9 A.M.-4 P.M.

Saturday's writing workshop draws on wisdom traditions and insights arising from Mirabai's own poignant journey, to explore the catalysts for transformation in our lives—bridging contemplative life and compassionate service, cultivating an inner relationship with the Beloved and expressing that intimacy in community, exploring the transformational power of loss and darkness and the longing for the sacred. Advance registration is required for the Saturday workshop (\$60). Space is limited. Register at saintmarks.org/wisdom

Sunday Morning Forum

Mirabai will also participate in the Sunday Forum, Sunday March 31, at 10:10 a.m. She will present on the topic of "Building Community," and read from her latest book, *Wild Mercy*, which will be available to purchase.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

*Wherever you are on
your journey of faith,
you are welcome here.*

Weekday Service Times

MONDAY–FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 12 NOON

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY–FRIDAY, 9 AM–4:30 P.M.

Questions, or need to reach a member of the
Clergy or Staff? The Cathedral Office main
number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of
updates, events and activities happening on
campus, and the Cathedral prayer list. It is available
by electronic subscription, on Saint Mark's website,
and in print in the nave. To submit announcements
for these publications, visit

saintmarks.org/announce. Requests are due by
Tuesday at 5 p.m. for publication on the following
Sunday. Announcements may be edited for space
and content.

Sunday, March 17 ♦ The Second Sunday in Lent

HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*

Preacher: The Rev. Canon Jennifer King Daugherty, Canon for
Congregational Life

HOLY EUCHARIST, 9 A.M. *Cathedral Nave*

Preacher: The Rev. Canon Jennifer King Daugherty, Canon for
Congregational Life

SUNDAY FORUM, 10:10 A.M. *Bloedel Hall*

First Hand Voices: Mideast Focus Ministry Film Series introduction,
featuring Palestinian-American architect Rania Qawasma-Dana. See p. 1

HOLY EUCHARIST, 11 A.M. *Cathedral Nave*

Preacher: The Rev. Canon Jennifer King Daugherty, Canon for
Congregational Life

CATHEDRAL SHOP CELEBRATION, 12:30 P.M. *Leffler Living Room*

Reception in celebration of the Cathedral Shop; See p. 1.

CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*

A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

With times of silence for reflection, simple meditative music by
candlelight. Optional healing prayers are offered following the service.

COMPLINE, 9:30 P.M. *Cathedral Nave*

Compline is the service of ancient nighttime prayers, sung by the
Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM

A LENTEN INVITATION FROM DEAN THOMASON

*This Lent, Dean Thomason is encouraging every adult at Saint Mark's
to plan your own funeral as a spiritual exercise as we make our journey
with Jesus to the cross and into resurrection life. If you've already
planned your funeral, we encourage you to dust it off, update it as
needed, and place it on file at the church. The necessary forms may be
downloaded at saintmarks.org/funeral and clergy are available to assist
you.*

CATHEDRAL STAFF AND LEADERSHIP

Adam Conley, *Seattle Service Corps Director* aconley@saintmarks.org
Barbara Martin, *Childcare Center Director* childcare@saintmarks.org
Craig Ackermann, *Sexton* crackermann@gmail.com
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2019–2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The
Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior*
Wardens: Jim Buskirk and Amanda Davis; Neshia Alaovae, Kristen Austin, Bob
Chapman, Andrew Himes, Rosemarie LeMoine, Michael Perera, Marjorie
Ringness, Michael Seewer, Robert Stevens. *Diocesan Members:* Micah Kurtz and
Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:*
Barbara Erickson; *Treasurer:* Phil Lloyd