



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE FOURTH SUNDAY IN LENT ♦ MARCH 31, 2019

TODAY

Sunday forum with Mirabai Starr

TODAY, MARCH 31, 10:10–10:45 A.M., *Bloedel Hall*

Author and translator Mirabai Starr has been at Saint Mark's this weekend for a presentation and workshop exploring the themes of her most recent book, *Wild Mercy: Living the Fierce and Tender Wisdom of the Women Mystics*. Join Dean Thomason for the final event of her visit, a Sunday forum including a reading from the book, and a conversation with the Dean on the topic of building community.



Special Parish Forum on Sanctuary

WEDNESDAY, APRIL 3, 6:45–8:15 P.M., *Blodel Hall*
(optional dinner at 6 p.m. for \$7)

As we announced on Friday, Saint Mark's has activated its Sanctuary ministry to provide safe space for Jaime so his family will not face long-term separation because of unjust policies. This forum will provide more information, an opportunity to answer questions you may have, and provide education to ensure we maintain safe space. All are welcome.

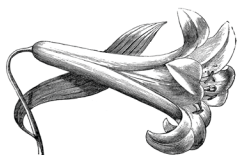
Episcopalian People of Color Gathering

TODAY, MARCH 31, 12:30 P.M.,

Cathedral House Room 210

Starting March 31, there will be a monthly gathering for queer, trans, and straight people of color interested in exploring questions of racial, cultural, and gender identities and assumptions as they relate to our experiences of faith and life. This new ministry will be led by POC members of Saint Mark's and is for any POC interested in the work of decolonizing their Christianity, practicing anti-racism from a POC perspective, and honoring queer-centered theology as these topics relate to personal identity and lived experience. We'll start with a short liturgy, share a meal, and hold a safe space for each other as we explore what it means to be a person of color inside a white majority church. For more information, contact Emma Song-Rowe at emma.song.rowe@gmail.com; Neshia Alaovae at nalaovae@gmail.com; Linda Chia at luchia0112@gmail.com; or Canon Jennifer Daugherty, jkdaugherty@saintmarks.org

Easter Memorial & Thanksgiving Gifts



Help underwrite the beautiful flowers and music of the celebration of the Resurrection by making a special contribution in honor or in memory of someone. Make your gift online at

saintmarks.org (click "Give" in the upper right corner), or fill out the form inserted in your bulletin today and write a check (payable to *Saint Mark's Cathedral*) and write "Easter Memorials/Thanksgivings" in the memo line. Drop the form and check in the offering plate Sunday morning, or return by USPS to: Attn: Easter Memorials, Saint Mark's, 1245 10th Ave E, Seattle, WA 98102. Contributions received by April 14 will be acknowledged in the Easter Sunday bulletins.

Mideast Focus Film Series presents: *This is Home*

FRIDAY, APRIL 5, 7 P.M., *Bloedel Hall*

This film follows four families sent to resettle in Baltimore in 2016. They have only eight months to learn English, find jobs, and become self-sufficient. The clock starts right when they land. A vast cultural divide hinders new arrivals and Americans trying to help them. Part way through the process, the President issues a travel ban. Suddenly their lives are all the more perilous.

Noel House Women's Shelter Volunteer Potluck Lunch

TODAY, MARCH 31, 12:30 P.M., *Leffler Living Room*

Join us at the Annual Noel House Volunteer potluck on March 31. We meet right after the 11:00 service in Leffler Living Room. It's a good time to share stories and receive updates from Noel House staff. Open to all: current, past and future volunteers and friends of Noel House. You can bring food to share, or just come over and join us. We'll have plenty to go around. Beverages are provided. If you're new to Saint Mark's, this is a chance to learn more about the women's shelter. Saint Mark's has hosted the shelter for over 20 years. Contact Norva Osborn, norva@ix.netcom.com

NOTICE: Today, Sunday, March 31, is the official final day of business for The Cathedral Shop.

CATHEDRAL PRAYER LIST

To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org. Prayer requests are listed in *Sundays & Beyond* for approximately four weeks.

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially Good Samaritan, Sammamish and St. Clare, Snoqualmie; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Kristi Davey Purvis	Christiana Ivana
Tal Ross	Taylor Notaro
Penny and Bryan	Shaylah Pouliot
Sarah	Gary Kestle
Woody	Magdalena Lovejoy
Morey	Dave Bargelt
Erin McKinney	Richard
Chris Kausche	Kay Bishop
Bill Seewer	Dave Grout
Amber	John Gibson, Sr.
Ginger Minugh	

AND ALL THOSE WHO HAVE DIED

A LENTEN INVITATION FROM DEAN THOMASON

This Lent, Dean Thomason is encouraging every adult at Saint Mark's to plan your own funeral as a spiritual exercise as we make our journey with Jesus to the cross and into resurrection life. If you've already planned your funeral, we encourage you to dust it off, update it as needed, and place it on file at the church. The necessary forms may be downloaded at saintmarks.org/funeral and clergy are available to assist you.

FAITH FORMATION

Living the Questions: A Series for Inquirers

SUNDAYS, TODAY TO APRIL 14, 12:30 P.M.–2:30 P.M., Bloedel Hall. (If you missed the first three sessions, you may still join the class.)

Are you curious about Episcopal liturgy, beliefs, or tradition? Are you feeling called to a deeper commitment with God? No matter where you are on your journey, consider attending this five-week series, which covers the basics of the Christian faith through the Episcopal lens. The series begins on Sunday, March 10 and continues on Sundays weekly through April 14. Sessions run from 12:30–2:30 p.m. in Bloedel Hall, and a light lunch will be provided each week. Following this series, some decide to become an Episcopalian through confirmation or reception into the church. Some experience a revival of the soul and desire to reaffirm their baptismal vows. Interested? For more information, contact The Rev. Cristi Chapman, cchapman@saintmarks.org

Lowell Elementary School Needs Your Voice of Support!

Our neighborhood school, Lowell Elementary, is facing the possible loss of several staff positions next school year because of proposed budget cuts. This is based on a low projection for student enrollment and doesn't account for the fact that Mary's Place Shelter is scheduled to return to the area in January when an influx of homeless students will join the school again mid-year. Lowell PTA is asking supporters to write letters to the school board (schoolboard@seattleschools.org) and Superintendent Juneau (superintendent@seattleschools.org), asking them to reconsider these proposed cuts. Here is the link on the Lowell PTA website outlining the situation, and accompanying letter to Superintendent Juneau, which you may use as a template for your own letter: <https://lowellelementary.org/2019/03/22/we-are-facing-big-staff-cuts-next-year/>
For more information, contact Marjorie Ringness at marjorie@ringness.org

Take the Pledge to Care for Creation

For Lent 2019, Presiding Bishop Michael Curry, the Episcopal Church's Task Force on Creation Care, and Bishops in dioceses throughout the Episcopal Church invite you to make your **Pledge to Care for Creation**. The Pledge to Care for Creation is part of living as the Jesus Movement—it's a promise to protect and renew this good Earth and all who call it home. It's a promise to share our stories, stand with those who are most vulnerable, and live more gently on the Earth. Visit <https://www.episcopalchurch.org/creation-care/pledge> to hear the reasons they're taking the pledge, and some of the changes they're making in their own lives—then when you are ready, take the pledge for yourself.

20s + 30s

Questioning Together

MONDAY, APRIL 1, 7:30 P.M., *Leffler Living Room*



Come be a part of a lively discussion over a light dinner. The topic for April: “How do we

understand the story of the cross and what does it have to do with us?” This month only, we will be joined in our questioning by special guests, elders to question with us. We will meet again on May 6 and June 3. To RSVP (appreciated but not required) or for other information, contact Rachel McNary, rachel.mcnary@gmail.com

Newcomer's Coffee with Clergy

SUNDAY, APRIL 7, AFTER MORNING SERVICES

Leffler Living Room

Every month we host a conversation with newcomers after both 9 a.m. and 11 a.m. services to help us get to know each other, share our stories, and introduce newcomers to Saint Mark's and the Episcopal Church. Please meet in the back of the Cathedral after each service and look for the sign. Questions? Please contact Rev. Cristi

Chapman, cchapman@saintmarks.org.



Choral Evensong on the Fifth Sunday in Lent

SUNDAY, APRIL 7, 4:30 P.M., *Cathedral Nave*

Offer your praises and prayers to God as springtime light bathes the cathedral nave on the eve of the last week in Lent. Saint Mark's Evensong Choir will offer particularly spacious and soulful music: Gabriel Jackson's setting of the Magnificat and Nunc dimittis for Truro Cathedral, and Paul Halley's setting of Bernard of Clairvaux's devotional hymn, “Jesus, the very thought of thee.”

Hunger and Homelessness Advocacy Ministry Meeting and Study Session

SUNDAY, APRIL 7, 12:30 P.M.–2 P.M., *Cathedral House Room 210*



Join the continuing discussion regarding the new advocacy effort to support those who face hunger and homelessness. Explore what new efforts the SMC community is being called to this year.

The Sunday, April 7 meeting will include a case study of The Bellevue (WA) Land Use Code amendment for year-round shelter on public land. A light lunch will be served. For more information contact David Wagner, akdavid710@gmail.com

Palm Sunday Stations of the Cross walk-through

SUNDAY, APRIL 14, 12:30 P.M., *Cathedral Nave*

You are invited to come together in the back of the Nave directly following the 11am Palm Sunday (April 14) service for a communal walk-through of the powerful Stations of the Cross, created by artist Virginia Maksymowicz. Take a moment to prayerfully enter into



Holy Week as we prepare ourselves for Jesus's journey to the cross. (Note that a Stations of the Cross liturgy will also be offered on Good Friday at 11 a.m. as preciously announced.)

Holy Folders Easter Bulletin Stuffing Party!

THURSDAY, APRIL 18, 1 P.M., *Bloedel Hall*

On Easter Sunday we welcome over two thousand people through the doors of the cathedral, and each one of those people needs a bulletin stuffed by hand with inserts and donation envelopes. Come join the party! Refreshments and good company provided. Many hands make light work! Questions: Barbara Erickson, bje46@msn.com

20s + 30s

“Who is God? What does God Want?”

Exploring Scripture with 20s/30s

THURSDAYS: APRIL 25, MAY 2, MAY 9, & MAY 16, 7–8:30 P.M., *Leffler Living Room*

Come join other 20s/30s in exploring the questions, “Who is God? What does God want?” by studying and interpreting scripture together. We will look at different Old Testament and New Testament passages from a variety of perspectives—historical, contextual, theological, and more—in order to discover the “surplus of meaning” for our lives today. No prior experience or familiarity with scripture is required—just bring your curiosity and questions. Attendance at all four sessions is highly encouraged as each week will build on the last. Please note, this group is limited to twelve people. Facilitated by Canon Jennifer Daugherty. To register and receive preparatory materials or for questions, contact jkdaugherty@saintmarks.org

Alliance for Gun Responsibility 7th Annual Luncheon

TUESDAY, APRIL 30, 12:00 NOON, *Sheraton Seattle Hotel*

Come support the Alliance for Gun Responsibility at their 7th Annual Luncheon. The Alliance continues their work for stronger gun laws. Please contact Stacy Andersen at andersenbicknell@gmail.com or Liz Shea at lizeshea@gmail.com for more information, or if you are interested in sitting at the Saint Mark's table.



SAINT MARK'S EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

*Wherever you are on
your journey of faith,
you are welcome here.*

Weekday Service Times

MONDAY–FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 12 NOON

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY–FRIDAY, 9 AM–4:30 P.M.

Questions, or need to reach a member of the
Clergy or Staff? The Cathedral Office main
number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of
updates, events and activities happening on
campus, and the Cathedral prayer list. It is available
by electronic subscription, on Saint Mark's website,
and in print in the nave. To submit announcements
for these publications, visit

saintmarks.org/announce. Requests are due by
Tuesday at 5 p.m. for publication on the following
Sunday. Announcements may be edited for space
and content.

Sunday, March 31 ♦ The Fourth Sunday in Lent

HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*

Preacher: The Rev. Cristi Chapman, Curate

HOLY EUCHARIST, 9 A.M. *Cathedral Nave*

Preacher: The Rev. Cristi Chapman, Curate

SUNDAY FORUM, 10:10 A.M. *Bloedel Hall*

"Building Community" with Mirabai Starr. See p. 1

HOLY EUCHARIST, 11 A.M. *Cathedral Nave*

Preacher: The Rev. Cristi Chapman, Curate

INQUIRERS' CLASS, 12:30 P.M., *Bloedel Hall*

A continuation of the class covering the fundamentals of the Christian
faith and Episcopalian traditions. See p. 2

EPISCOPALIAN PEOPLE OF COLOR GATHERING, 12:30 P.M.,

Cathedral House Room 210. See p. 1

NOEL HOUSE WOMEN'S SHELTER VOLUNTEER POTLUCK LUNCH,

12:30 P.M., *Leffler House Living Room*. See p. 1

CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*

A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

With times of silence for reflection, simple meditative music by
candlelight. Optional healing prayers are offered following the service.

COMPLINE, 9:30 P.M. *Cathedral Nave*

Compline is the service of ancient nighttime prayers, sung by the
Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM

Education for Ministry (EfM) registration for 2019/20

Do you want to go deeper into your faith in an intense, ongoing way?

Do you want to form lasting connections with others who also seek that
connection? Consider registering for EfM.

EfM is a four-year program for lay people to study scripture, church
history, and modern theology. Classes connect the material with church
tradition, personal experiences, individual beliefs and current events.

Three different classes meet weekly September to June at Saint Mark's:

Sundays, 6:30–8:30 p.m.; Mondays, 10 a.m.–12:30 p.m.; or Mondays,
6:30–8:30 p.m. Each class is limited to 12 people; enrollment starts now

and ends in early August or when classes are full. Tuition, including

books, is \$375. Please inquire by contacting clergy or class mentors:

Sunday evening: Penelope Jackson, pbjackson@mac.com; Monday

morning: Maria Coldwell, mvcoldwell@hotmail.com; Monday evening:

Tom Hayton, tomhayton@yahoo.com.

CATHEDRAL STAFF AND LEADERSHIP

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Cristi Chapman, *Curate for Spiritual Growth & Stewardship* cchapman@saintmarks.org
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Steve Thomason, *Dean & Rector* sthomason@saintmarks.org

2019–2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The
Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior*
Wardens: Jim Buskirk and Amanda Davis; Neshia Alaovae, Kristen Austin, Bob
Chapman, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Michael Perera,
Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary
Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara
Erickson; *Treasurer:* Phil Lloyd