



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter
THE FIFTH SUNDAY IN LENT ♦ APRIL 7, 2019

Grappling with Atonement and Sacrifice

TODAY, APRIL 7, 10:10-10:55 A.M., *Bloedel Hall*

Facilitated by Canon Jennifer Daugherty

During Holy Week, we encounter the way of the cross—Jesus' "perfect sacrifice for the whole world" (in the words of the Eucharistic prayers). How we understand sacrifice and atonement impacts everything—our sense of God, ourselves, and all of creation. Come share your thoughts and questions on these mysterious concepts as we uncover a lifegiving way of understanding the cross and how it invites our ongoing "sacrifice of praise and thanksgiving."

Newcomer's Coffee with Clergy

TODAY, APRIL 7, AFTER MORNING SERVICES

Leffler Living Room

Every month we host a conversation with newcomers after both 9 a.m. and 11 a.m. services to help us get to know each other, share our stories, and introduce newcomers to Saint Mark's and the Episcopal Church. Please meet in the back of the Cathedral after each service and look for the sign. Questions? Contact The Rev. Cristi Chapman, cchapman@saintmarks.org.

Choral Evensong on the Fifth Sunday in Lent

TODAY, APRIL 7, 4:30 P.M., *Cathedral Nave*

Offer your praises and prayers to God as springtime light bathes the cathedral nave on the eve of the last week in Lent. Saint Mark's Evensong Choir will offer particularly spacious and soulful music: Gabriel Jackson's setting of the Magnificat and Nunc dimittis for Truro Cathedral, and Paul Halley's setting of Bernard of Clairvaux's devotional hymn, "Jesus, the very thought of thee."

Saint Mark's Youth Group Night

TONIGHT, APRIL 7, 5:30-8 P.M., *Youth Room*

This month at our youth group gathering we will be having a craft night! Come paint, knit, draw, sculpt, etc.! You can bring a project that you're already working on or just bring your creativity! We will make some cool art and hang out. Not crafty? No worries! There will be games and discussion as well. Dinner included. Hope to see you there! (Though our structured youth group programming goes from 5:30 p.m. to 8 p.m., youth are welcome to stay for continued discussion, games, or to do homework until compline at 9:30 p.m.)

HOLY WEEK & EASTER at SAINT MARK'S

The schedule below lists all liturgies at Saint Mark's Cathedral from Palm Sunday to Easter Sunday. For more information about these services, please pick up a flyer in the back of the nave, or visit saintmarks.org/lent

(All services are in the Cathedral Nave, except those marked *Thomsen*, in Thomsen Chapel, or *CoR*, in the Chapel of the Resurrection.)

APRIL 14 ♦ PALM SUNDAY

- 8, 9, & 11 AM Palm Sunday Liturgy
Liturgy of the Palms, Passion Gospel
- 7 PM Contemplative Eucharist (*Thomsen*)
- 9:30 PM Compline for Palm Sunday

APRIL 15 ♦ MONDAY IN HOLY WEEK

- 7 PM Contemplative Eucharist

APRIL 16 ♦ TUESDAY IN HOLY WEEK

- 10:30 AM Bishops' Chrism Mass: *Episcopal and ELCA bishops and clergy join together to bless the oil of anointing. All are welcome.*
- 7 PM Healing Eucharist

APRIL 17 ♦ WEDNESDAY IN HOLY WEEK

- 12 NOON Holy Eucharist (*Thomsen*)
- 7 PM Tenebrae: *Psalms and Lamentations chanted as darkness engulfs the cathedral*

APRIL 18 ♦ MAUNDY THURSDAY

- 7 AM Morning Prayer (*Thomsen*)
- 7 PM Maundy Thursday Liturgy:
Liturgy of foot washing, stripping of the altar

APRIL 19 ♦ GOOD FRIDAY

- 11 AM Stations of the Cross Liturgy
- 12 NOON Good Friday Liturgy
- 7 PM Good Friday Liturgy

APRIL 20 ♦ HOLY SATURDAY

- 12 NOON Holy Saturday Liturgy (*CoR*)
- 8:30 PM The Great Vigil of Easter: *Lighting of the new fire, Baptisms, Proclamation of the Resurrection*

APRIL 21 ♦ EASTER SUNDAY

- 8:30 AM & 11 AM The Feast of the Resurrection
- 7 PM Contemplative Eucharist (*Thomsen*)
- 9:30 PM The Office of Compline for Easter

CATHEDRAL PRAYER LIST

To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org. Prayer requests are listed in Sundays & Beyond for approximately four weeks.

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. Matthew/San Mateo, Auburn; Good Shepherd, Federal Way; and St. Elizabeth, Burien; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White

THOSE PREPARING TO BE BAPTIZED AT THE EASTER VIGIL

Adrien LeSure
Shelley Mackaman
Annabelle Wall
Emmaline Wall
Lola Wall

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Erin McKinney	Magdalena Lovejoy
Chris Kausche	Dave Bargelt
Bill Seewer	Richard
Amber	Kay Bishop
Ginger Minugh	Dave Grout
Christiana Ivana	John Gibson, Sr.
Taylor Notaro	Will Gluck
Shaylah Pouliot	Mama Phae
Gary Kestle	

THOSE WHO HAVE DIED

Jean Greene
Bob Evanoski
Roger Royal

THOSE WHO DIED IN MARCH AND WERE HOMELESS IN SEATTLE

William Sancomb	Jeremy Vanney
Shawn Warner, Jr.	Romeo Espirito
Susan Coker	Michael Harbison
Kevin Williams	Douglas Goddard

HUNGER & HOMELESSNESS ADVOCACY

Ministry Meetings and Study Sessions

TODAY, APRIL 7, 12:30 P.M.–2 P.M., *Cathedral House Room 210*

Join the continuing discussion regarding the new advocacy effort to support those who face hunger and homelessness. Explore what new efforts the SMC community is being called to this year. The Sunday, April 7 meeting will include a case study of The Bellevue (WA) Land Use Code amendment for year-round shelter on public land. A light lunch will be served. For more information contact David Wagner, akdavid710@gmail.com

SATURDAY, APRIL 13, 11 A.M.–1 P.M., *Leffler living room*



Homeless advocacy ministry welcomes Joey Ager, community organizer at the Church Council of Greater Seattle. Using the lens of organizing the faith community in Burien to

support their neighbors experiencing low-income housing displacement, Joey will teach about effective homelessness and hunger advocacy.

CATHEDRAL COMMONS

Lent and Loosening the Attachments that Hold Us Back

WEDNESDAY, APRIL 10 6:45–8:15 P.M., *Bloedel Hall*
Optional community dinner at 6 p.m. (Adults \$7, Children \$5, Max Family \$20). Facilitated by Cathedral Clergy
On the eve of Holy Week, come and share what this Lenten season has been like for you. Together we will reflect on what our faith teaches—and what we practice—about letting go of attachments. What holds you back from fully being in relationship with God? When have your icons turned into idols? What have you discovered about what your heart is yearning for this season? Find out how Scripture guides us and shows a way forward from the cross to the empty tomb. (Part of the series **Practically Speaking: Life Practices for Faithful Living**, which concludes May 8.)

Palm Sunday Stations of the Cross walk-through

SUNDAY, APRIL 14, 12:30 P.M., *Cathedral Nave*
You are invited to come together in the back of the Nave directly following the 11am Palm Sunday (April 14) service for a communal walk-through of the powerful Stations of the Cross, created by artist Virginia Maksymowicz. Take a moment to prayerfully enter into Holy Week as we prepare ourselves for Jesus's journey to the cross. (Note that a Stations of the Cross liturgy will also be offered on Good Friday at 11 a.m. as previously announced.)



Playdate & Supper for Families of Young Children

SATURDAY, APRIL 13, 4:00 P.M., *Leffler Living Room*

Come play together with other Saint Mark's families with young children (newborn–3 years old), and stay for dinner if bedtime allows it! RSVP appreciated but not required; contact Kelly Moody kmoody@saintmarks.org with questions or dietary needs.

Holy Folders Easter Bulletin Stuffing Party!

THURSDAY, APRIL 18, 1 P.M., *Bloedel Hall*

On Easter Sunday we welcome over two thousand people through the doors of the cathedral, and each one of those people needs a bulletin stuffed by hand with inserts and donation envelopes. Come join the party! Refreshments and good company provided. Many hands make light work! Questions: Barbara Erickson, bje46@msn.com

20s + 30s

“Who is God? What does God Want?”

Exploring Scripture with 20s/30s

THURSDAYS: APRIL 25, MAY 2, MAY 9, & MAY 16, 7–8:30 P.M., *Leffler Living Room*

Come join other 20s/30s in exploring the questions, “Who is God? What does God want?” by studying and interpreting scripture together. We will look at different Old Testament and New Testament passages from a variety of perspectives—historical, contextual, theological, and more—in order to discover the “surplus of meaning” for our lives today. No prior experience or familiarity with scripture is required—just bring your curiosity and questions. Attendance at all four sessions is highly encouraged as each week will build on the last. Please note, this group is limited to twelve people. Facilitated by Canon Jennifer Daugherty. To register and receive preparatory materials or for questions, contact jkdaugherty@saintmarks.org

Seattle Baroque Orchestra and The Byrd Ensemble present: Handel's Messiah

SATURDAY, APRIL 27, 7:30 P.M., *Cathedral Nave*

Handel's most famous oratorio, unparalleled in both text and music, returns to Eastertide in a collaboration between Seattle's



Byrd Ensemble and the Seattle Baroque Orchestra under the direction of Alexander Weimann. Presented in association with Town Hall Seattle. To purchase tickets, visit: <http://www.earlymusicseattle.org/events/sbo-messiah-2>

Alliance for Gun Responsibility Annual Luncheon

TUESDAY, APRIL 30, 12:00 NOON, *Sheraton Seattle*

Come support the Alliance for Gun Responsibility at their 7th Annual Luncheon. The Alliance continues their work for stronger gun laws. Please contact Stacy

Andersen at andersenbicknell@gmail.com or Liz Shea at lizeshea@gmail.com for more information, or if you are interested in sitting at the Saint Mark's table.

Lowell Elementary School Needs Your Voice of Support!

Our neighborhood school, Lowell Elementary, is facing the possible loss of several staff positions next school year because of proposed budget cuts. This is based on a low projection for student enrollment and doesn't account for the fact that Mary's Place Shelter is scheduled to return to the area in January when an influx of homeless students will join the school again mid-year. Lowell PTA is asking supporters to write letters to the school board (schoolboard@seattleschools.org) and Superintendent Juneau (superintendent@seattleschools.org), asking them to reconsider these proposed cuts. Here is the link on the Lowell PTA website outlining the situation, and accompanying letter to Superintendent Juneau, which you may use as a template for your own letter:

<https://lowellelementary.org/2019/03/22/we-are-facing-big-staff-cuts-next-year/>

For more information, contact Marjorie Ringness at marjorie@ringness.org

Take the Pledge to Care for Creation

For Lent 2019, Presiding Bishop Michael Curry, the Episcopal Church's Task Force on Creation Care, and Bishops in dioceses throughout the Episcopal Church invite you to make your **Pledge to Care for Creation**. The Pledge to Care for Creation is part of living as the Jesus Movement—it's a promise to protect and renew this good Earth and all who call it home. It's a promise to share our stories, stand with those who are most vulnerable, and live more gently on the Earth. Visit <https://www.episcopalchurch.org/creation-care/pledge> to hear the reasons they're taking the pledge, and some of the changes they're making in their own lives—then when you are ready, take the pledge for yourself.

Education for Ministry (EfM) registration for 2019/20

Do you want to go deeper into your faith in an intense, ongoing way? Do you want to form lasting connections with others who also seek that connection? Consider registering for EfM. EfM is a four-year program for lay people to study scripture, church history, and modern theology. Classes connect the material with church tradition, personal experiences, individual beliefs and current events. Three different classes meet weekly September to June at Saint Mark's: Sundays, 6:30–8:30 p.m.; Mondays, 10 a.m.–12:30 p.m.; or Mondays, 6:30–8:30 p.m. Each class is limited to 12 people; enrollment starts now and ends in early August or when classes are full. Tuition, including books, is \$375. Please inquire by contacting clergy or class mentors: Sunday evening: Penelope Jackson, pbjjackson@mac.com; Monday morning: Maria Coldwell, mvcoldwell@hotmail.com; Monday evening: Tom Hayton, tomhayton@yahoo.com.



SAINT MARK'S EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

*Wherever you are on
your journey of faith,
you are welcome here.*

Weekday Service Times

MONDAY–FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 12 NOON

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY–FRIDAY, 9 AM–4:30 P.M.

Questions, or need to reach a member of the
Clergy or Staff? The Cathedral Office main
number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of
updates, events and activities happening on
campus, and the Cathedral prayer list. It is available
by electronic subscription, on Saint Mark's website,
and in print in the nave. To submit announcements
for these publications, visit

saintmarks.org/announce. Requests are due by
Tuesday at 5 p.m. for publication on the following
Sunday. Announcements may be edited for space
and content.

Sunday, April 7 ♦ The Fifth Sunday in Lent

HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

HOLY EUCHARIST, 9 A.M. *Cathedral Nave*

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

SUNDAY FORUM, 10:10 A.M. *Bloedel Hall*

“Grappling with Atonement and Sacrifice” with Canon Jennifer
Daugherty. See p. 1

NEWCOMER'S COFFEE, AFTER 9 & 11 A.M. SERVICES, *Leffler Living
Room*. Informal coffee and discussion with Saint Mark's clergy. All are
welcome.

HOLY EUCHARIST, 11 A.M. *Cathedral Nave*

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

INQUIRERS' CLASS, 12:30 P.M., *Bloedel Hall*

A continuation of the class covering the fundamentals of the Christian
faith and Episcopalian traditions.

CHORAL EVENSONG, 4:30 P.M. *Cathedral Nave*

Psalms, hymns, prayers and canticles offered as a sacrifice of praise and
thanksgiving for the day.

CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*

A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

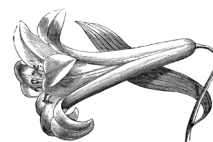
With times of silence for reflection, simple meditative music by
candlelight. Optional healing prayers are offered following the service.

COMPLINE, 9:30 P.M. *Cathedral Nave*

Compline is the service of ancient nighttime prayers, sung by the
Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM

Easter Memorial & Thanksgiving Gifts

Help underwrite the beautiful flowers and music
of the celebration of the Resurrection by making
a special contribution in honor or in memory of
someone. Make your gift online at saintmarks.org
(click “Give” in the upper right corner), or fill out
the form inserted in your bulletin today and write a check (payable to
Saint Mark's Cathedral) and write “Easter Memorials/Thanksgivings” in
the memo line. Drop the form and check in the offering plate Sunday
morning, or return by USPS to: Attn: Easter Memorials, Saint Mark's,
1245 10th Ave E, Seattle, WA 98102. Contributions received by April 14 will
be acknowledged in the Easter Sunday bulletins.



CATHEDRAL STAFF AND LEADERSHIP

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2019–2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The
Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior
Wardens:* Jim Buskirk and Amanda Davis; Neshia Alaovae, Kristen Austin, Bob
Chapman, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Michael Perera,
Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary
Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara
Erickson; *Treasurer:* Phil Lloyd