



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE FEAST OF THE TRANSFIGURATION (TR.) ♦ AUGUST 11, 2019

Welcome to our guest preacher: The Reverend Stephen Crippen

TODAY, AUGUST 11, ALL MORNING SERVICES



Join us in welcoming The Rev. Stephen Crippen as our guest preacher at today's morning services. Stephen was ordained a vocational deacon in 2010 and served Saint Mark's alongside Deacon Earl Grout from 2011-2014. From St. Paul's Seattle, he then discerned a call to the priesthood and is currently

in his third year at Virginia Theological Seminary. He and his husband Andrew plan to return to Seattle next summer.

SANCTUARY NEWS

Canon Ross to join planning team at the border

This week Canon Nancy Ross will be at the border at McAllen and Brownsville, Texas, with a small advance team of colleagues from the urban/suburban parishes group that Dean Thomason is part of. This group is working to get some pegs in the ground to have a presence there helping organizations which support people who cross the border seeking asylum. It is work that is evolving for us! The advance team will determine if we can be most useful in the McAllen or El Paso area (where the group, including Dean Thomason and Canon Ross, went last Advent), collaborating with the solid local work already being done. Stay tuned! Plans are evolving for a group to go back down to the border in January. If interested in potentially participating, email Canon Ross at nross@saintmarks.org.



Planning meeting for potential new weekday narthex welcome ministry

TODAY, AUGUST 11, AFTER 9 & 11 A.M. SERVICES,
Cathedral House Room 209

Join The Rev. Pat Taylor and others in a planning meeting today in room 209—after both the 9 and 11 a.m. services—to discuss a potential new ministry of daytime welcome and service. The agenda includes deciding on a name for the ministry. Anyone interested is encouraged to attend, whether or not you have signed up.

Seattle Compline services to be sung by Women's Compline Choir in August

AUGUST 11, 18, & 25

While the Compline Choir takes a rare hiatus to make a pilgrimage to Canterbury and Salisbury Cathedrals, the Compline service will, for the first time at Saint Mark's Cathedral, be sung by women, with the Women's Compline Choir of Saint Mark's assembled especially for this occasion. Comprised of 20 female singers, this choir includes some of the most accomplished professional musicians, leaders of church music, and music teachers in the Seattle area. Members have sung with the Byrd Ensemble, the Tudor Choir, and the Mägi Ensemble, among others. Saint Mark's Associate Musician and Choir School Director Rebekah Gilmore will direct the choir. The services will include world premieres of new works commissioned especially for this unprecedented event.



What is Washington Against Nuclear Weapons?

TODAY, AUGUST 11, AFTER 9 & 11 A.M. SERVICES,
Front patio, weather permitting, or back of the nave



What can parishioners do to help avoid nuclear war? Learn about the Washington Against Nuclear Weapons (WANW) coalition of Washington Physicians for Social Responsibility. Should Saint Mark's become a member of the WANW

coalition and lend our voice to the growing number of faith-based organizations in this coalition? Problems, solutions, and questions addressed. Stop by the table on the porch today after the 9 and 11 a.m. services. For more information please contact Pat Leckenby at pleckenby@gmail.com or 206-316-7475.

CATHEDRAL PRAYER LIST

Prayer requests are listed in Sundays & Beyond for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially Charles Wright Academy, Tacoma; The Sanctuary: University of Washington Episcopal & Lutheran Campus Ministry; the clergy, staff and vestry of Saint Mark's Cathedral; and all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White Shane Monkman

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Rob Reid	SK
Dennis Campbell	Charles
Mary Pacher	Grant J
Richard Tait	Hugh & Cindy O
Tom Weaver	Patrick Monahan
Tabitha Gadzuk	Mary Sage
Erin	Rose

THOSE WHO HAVE DIED

Barbara Agent	Celine Teeson
Fred Davis	John Duncan
Dennis Frey	Priscilla Logan
Susy Hanneman	Mimi Howard
Therese Gray	

THOSE WHO DIED IN JULY IN SEATTLE AND WERE UNSHELTERED

Joshua Mawhiney	Alexandria Nation
Sarah Peil	Douglas Alan Nelson
Derek Sanchez	Jeremy Tyler
Robert Coggle	George Barraza
Abraham Caye	

Blessing all our labors

LABOR DAY SUNDAY, 9 A.M. EUCHARIST

Join us Sunday, September 1, during and after the 9 a.m. service for a special blessing of all holy labors. All will be invited to come forward to present an item that symbolizes your daily work and vocation in the world. Maybe it is a spatula, a stethoscope, yarn, crayons, or a book. Bring something that is meaningful and reflective of the holy collaboration God invites you into each day. Once all of the holy objects are gathered at the altar, a blessing will be offered. Afterward at coffee hour, join in conversation to share what is meaningful to you about your holy efforts. What might you bring to remember that God is in your midst, empowering you to live a faithful life in each moment? Contact The Rev. Cristi Chapman (cchapman@saintmarks.org) or Michael Seewer (mseewer@saintmarks.org) for more details and with questions.

Idris Mosque 18th Annual Community BBQ

TODAY, AUGUST 11, 2 P.M.

1420 NE Northgate Way, Seattle

Idris Mosque invites you to its Annual Barbecue today from 2 p.m. to 5 p.m. This is an outreach event to neighbors and religious and civic communities and leaders in the Puget Sound to help foster friendship and understanding. Please email brett.bowton-meade@sunriseid.com with any questions or if you would like to go there to observe prayers at another time.

A gentle summer reminder

We are grateful for your presence and commitment to Saint Mark's mission and ministries. All that we do here is made possible by gifts such as yours. Summertime offers us all opportunities for rest and relaxation from our normal routines, and many of us take time away. Payment of pledges drop off about this time every year, but the expenses continue, so we appreciate it very much when pledges are paid along the way. Thank you for your generosity.

Blessing of the Animals—something new

SATURDAY, OCTOBER 5, 4:30 P.M.



Mark your calendars—Saint Mark's Cathedral will be observing the Feast Day of Saint Francis of Assisi slightly differently this year. Rather than an add-on to the Sunday service, a Saturday afternoon liturgy will be focused on the life of the visionary saints

Francis and Clare; God's gift of the earth, our island home; and the beloved animals who share that home with us. The service will be held outdoors (weather permitting), and all creatures, great and small, are welcome to receive a blessing.

THE DIOCESE OF OLYMPIA

MENTAL HEALTH TASK FORCE PRESENTS:

Crisis Intervention Training

TUESDAY, SEPTEMBER 10, 10 A.M.–2 P.M., *Bloedel Hall Cost, \$10 per person (bring a sack lunch; coffee/tea provided)* Learn effective ways to approach and respond to those in crisis, particularly those suffering from mental illness and drug abuse. You will learn strategies for safe, positive, and helpful responses to situations that can be dangerous. We hope the training gives you more confidence and compassion in dealing with those in crisis. Register and pay online at ecww-crisis-intervention.eventbrite.com. For more information, contact mhtf@ecww.org.

2019-20 Saint Mark's Music Series

Now announcing the 2019-20 Saint Mark's Music Series! This year's musical offerings include a collaboration between the Saint Mark's Choir School and the Boston Camerata; a performance of Tchaikovsky's *Divine Liturgy* from Cappella

Romana and Pacific Youth Choir; a return of Messiaen's powerful *Quartet for the End of Time*; and performances from local and national artists.

You can find complete concert and ticketing information at saintmarks.org/concerts, including how to purchase Season Tickets—available until October 1.



Annual Family Camping Adventure

THURSDAY, AUGUST 22 – SUNDAY, AUGUST 25,

Newhalem campground in North Cascades National Park

The Annual Family Camping Adventure is August 22–25 at Newhalem campground in the North Cascades. This is a relaxed gathering with hiking and adventures for families with kids of all ages. Generally we hike on Saturday according to interest and intensity, and regroup for a potluck dinner that evening. There are lots of other options for more relaxing adventures as well. Questions? Contact Don Sutkus don@sutkus.com or Re Knack rkknack@omwlaw.com.

FAITH FORMATION

Spirited Women:

Gathering Together to Grow Together

SUNDAY, SEPTEMBER 29, 12:45 P.M.,

Leffler Living Room

Are you longing for a deeper connection at Saint Mark's? Have you wondered about spiritual disciplines and how to put those into practice in your daily life? Join us on Sunday, September 29 at 12:45 p.m. in Leffler Living Room, as Saint Mark's begins a new ministry focused on women's spirituality. Spirited Women will gather three times a year and focus on practices that help develop and nurture a healthy spirituality. At the first gathering, bring a favorite dish to share and a story about your offering. Share a meal together and listen to stories about what makes the dish special. Wonder together how food connects us to each other and to our past. Then ponder how the practice of eating together might be a spiritual practice. RSVP to The Rev. Cristi Chapman (cchapman@saintmarks.org) or Mary Segall (mesegall@yahoo.com).

NOTICE: Funeral service for long-time parishioner Mimi Howard will be Saturday, August 24 in the Cathedral Nave.

Liturgical Ministers Training

SATURDAY, SEPTEMBER 21, 9 A.M.–12 P.M.

Cathedral Nave

Saint Mark's will offer workshops for those interested or already participating in liturgical ministries: acolytes, vergers, choirs, altar guild, Eucharistic ministers (chalice bearers), greeters, readers/intercessors, and ushers at any of the Sunday Eucharists. Come explore a new ministry or come be refreshed in a ministry you are already doing. Features a plenary led by Dean Thomason, as well as breakout sessions with the individual ministries. To sign up please contact Michael Seewer at mseewer@saintmarks.org. We encourage all liturgical ministers to attend a training at least once every few or so. Please let us know which ministry you are interested in; this will impact which portions of the training you need to attend.



EARTH DAY NORTHWEST Creation Care at Saint Mark's

A Creation Care Ministry is developing a stronger presence here at Saint Mark's, and we are looking for ways to grow and make a difference. The National Religious Coalition on Creation Care's Religious Declaration of Unprecedented Human Emergency, signed by Bishop Rickel, states "As people of faith, we believe that our planet – which nurtures and sustains life – is a gift, and that we have a responsibility to cultivate a world in which all beings can thrive, physically and spiritually. We are committed to safeguarding the Earth entrusted to our care. Protecting God's Creation is a spiritual and moral imperative, not an ideological or narrow partisan issue." If you are interested in digging deeper into a Creation Care ministry at Saint Mark's and have ideas about projects and

activities that would further this effort, contact Marjorie Ringness at marjorie@ringness.org. And please join us for a Creation Care Ministry meeting on Monday, August 12, at 6 p.m. in the Leffler Sun Room (previously the Cathedral Shop space).

2020
**EARTH DAY
NORTHWEST**
— TIME TO CHANGE —



SAINT MARK'S EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

*Wherever you are on
your journey of faith,
you are welcome here.*

Weekday Service Times

MONDAY—FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 12 NOON*

Holy Eucharist in Thomsen Chapel

*service time changes to 5:30 p.m. September 3

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY—FRIDAY, 9 AM—4:30 P.M.

Questions, or need to reach a member of the clergy or staff? The Cathedral Office main number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of updates, events and activities happening on campus, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit

saintmarks.org/announce. Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.



You may make a donation to Saint Mark's at any time using the Venmo mobile app. Scan the code or search for @SaintMarksCathedralSeattle

Sunday, August 11, 2019 ♦ The Feast of the Transfiguration (tr.)

HOLY EUCHARIST, 8 A.M., *Thomsen Chapel*

Preacher: The Reverend Stephen Crippen

HOLY EUCHARIST, 9 A.M., *Cathedral Nave*

Preacher: The Reverend Stephen Crippen

HOLY EUCHARIST, 11 A.M., *Cathedral Nave*

Preacher: The Reverend Stephen Crippen

CATHEDRAL YOGA, 6 P.M., *Cathedral Nave*

A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

With times of silence for reflection, simple meditative music by candlelight. Optional healing prayers are offered following the service.

COMPLINE, 9:30 P.M., *Cathedral Nave*

Ancient nighttime prayers, sung by the Women's Compline Choir, their first time offering Compline. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at king.org.

New Time for Wednesday Eucharist

Beginning September 3, the midweek Eucharist will move from noon on Wednesdays to 5:30 p.m. to accommodate more people on campus and connect the service with evening programming. Join us in the holy space of Thomsen Chapel for a brief celebration of Holy Eucharist using the Iona Rite (adapted), then stay on if you can for dinner in Bloedel at 6 p.m. and formation offerings that follow. (Note: The Thursday 7 a.m. Eucharist in Thomsen Chapel continues to meet, followed by breakfast in Leffler House; and Evening Prayer occurs each weekday at 6:30 p.m.).



Cathedral seeks part-time Events Support & Facilities Associate



Saint Mark's is now accepting applications for the position of Events Support and Facilities Associate to work with the Facilities Manager to ensure the cathedral serves its mission of being a house of prayer for all people and as a venue for community groups to meet. The Associate will represent the cathedral to parishioners, ministries, staff and outside user groups. This part-time position is 15 hours per week, usually requiring three evenings each week. Please visit saintmarks.org/employment for a complete job description and how to apply.

CATHEDRAL STAFF AND LEADERSHIP

Adam Conley, *Seattle Service Corps Director*. aconley@saintmarks.org
Cristi Chapman, *Curate for Spiritual Growth & Stewardship* cchapman@saintmarks.org
David Wagner, *Interim Facilities Manager* dwagner@saintmarks.org
Earl Grout, *Deacon* egrout@saintmarks.org
Emily Austin, *Deacon* eaustin@saintmarks.org
Erik Donner, *Executive Assistant & Membership Support*. edonner@saintmarks.org
Gregory Bloch, *Communications Director* gbloch@saintmarks.org
Jason Anderson, *Compline Choir Director* director@complinechoir.org
Jennifer King Daugherty, *Canon for Congregational Life* jkdougherty@saintmarks.org
John Stuntebeck, *Associate Organist*. john_stuntebeck@hotmail.com
Kelly Moody, *Director of Children's & Family Ministries* . . kmoody@saintmarks.org
Madeleine Stephens, *Music Administrator* mstephens@saintmarks.org
Michael Kleinschmidt, *Canon for Cathedral Music* mkleinschmidt@saintmarks.org
Michael Seewer, *Cathedral Sacristan & Head Verger* . . . mseewer@saintmarks.org

Nancy Ross, *Canon for Cathedral Relations* nross@saintmarks.org
Nicole Silvernale, *Director of Youth Ministry* nsilvernale@saintmarks.org
Rebekah Gilmore, *Associate Musician & Choir School Director* rgilmore@saintmarks.org
Stephen Eddy, *Bookkeeper & Scheduler*. seddy@saintmarks.org
Steve Thomason, *Dean & Rector*. sthomason@saintmarks.org

2019–2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior Wardens:* Jim Buskirk and Amanda Davis; Kristen Austin, Bob Chapman, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Michael Perera, Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd