



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE FEAST OF THE PRESENTATION ♦ FEBRUARY 2, 2020

SUNDAY FORUM

Saint Mark's Shorts with Filmmaker David Wild

TODAY, FEBRUARY 2, 10:10 A.M., *Bloedel Hall*

In the last two years, filmmaker David Wild has made over a dozen short films about the life and ministry of Saint Mark's Cathedral. One of them, *On the Mighty Flentrop*, has been viewed almost 150,000 times on YouTube! Join David as he shares his approach to storytelling, what he has discovered about his ministry and Saint Mark's, and what he has planned next.



Newcomer's Coffee with Clergy

TODAY, FEBRUARY 2, AFTER MORNING SERVICES,
Leffler Living Room



Every month we host a conversation with newcomers after the 9 a.m. and 11 a.m. services to help us get to know each other, share our stories, and introduce newcomers to Saint Mark's and the Episcopal Church. Please gather near the baptismal font

after each service (look for the person holding a sign). Questions? Please contact Deacon Earl, newcomers@saintmarks.org or 206.518.2833.

Learn about How Saint Mark's Works for Economic Justice in the World

TODAY, FEBRUARY 2, AFTER MORNING SERVICES,
back of the Nave (Coffee Corner)

Jubilee Economic Justice is a ministry of Saint Mark's. Stop by the table in the Coffee Corner, Sunday, February 2, to find out how you can help influence national and international financial institutions to create an economy that serves, protects, and promotes participation of the world's most vulnerable people.



CHORAL EVENSONG

ON THE FEAST OF THE PRESENTATION
OF CHRIST IN THE TEMPLE

SUNDAY, FEBRUARY 2, 4:30 P.M.



Choral Evensong on the Feast of the Presentation of Christ in the Temple

TODAY, FEBRUARY 2, 4:30 P.M., *Cathedral Nave*

The Saint Mark's Evensong Choir invites you to join in offering praise and prayers at sundown on Candlemas—the Feast of the Presentation of Christ in the Temple. The choir will sing a sumptuous new setting of the *Magnificat* and *Nunc dimittis* by Seattle composer and countertenor Tyler Morse (a member of both the Evensong Choir and the Compline Choir.) They will also sing S.S. Wesley's beloved setting of words by Isaiah, *Thou wilt keep him in perfect peace*, and and Josef Rheinberger's deeply satisfying *Abendlied* ["Evening Song"].

SUNDAY FORUM

Report from Trip to the Border

SUNDAY, FEBRUARY 9, 10:10 A.M., *Bloedel Hall*.

Please note that the date for this forum has changed.

Come learn about the dire situation for migrants and refugees at our southern border from the team that traveled to McAllen and Brownsville,



photo by Canon Nancy Ross

Texas, and Matamoros, Mexico, in January. Saint Mark's Sanctuary volunteers Dee Cappelletti, Melinda Kmitta, George Moore, and Maris Olsen along with Canon Nancy Ross joined Episcopalians from around the country witnessing the realities and meeting refugees and asylees, some 2,000 strong, who are camped in a squalid tent city, most waiting months for a chance for an asylum hearing. What did we see, and what can we do? Come and learn more, because we cannot turn away.

CATHEDRAL PRAYER LIST

Prayer requests are listed in Sundays & Beyond for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially the church of the Ascension, Seattle, and Epiphany Parish of Seattle; the clergy, staff, and vestry of Saint Mark's Cathedral; and all the ministries of the cathedral, especially the Child Care Center, and the Racial Justice & Reconciliation ministry.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White Shane Monkman

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Maria Do	John
Brian Vann	Katie & Mauve
Lloyd E. Barnes, Jr.	Colby Tyler Doran
Edward Daugherty	Aaron
Langdon	Shannon
John	Lilyan Snow
James Dvorsak Chalupnik	Amanda Osenga
Patricia de la Fuente	Neil Smith & Eric Arboleda
Cleveland Riley	For all victims of gun violence
Caston Evans	Betsy Grabinski
Todd	Stephen Drane
Mary Jo Andrews	
Judy Andrews	

THOSE WHO HAVE DIED

Austin Krout	Sharon Bloodgood
Brand Stewart	Tanya Jackson
James Chalupnik	Veronica Garcia
Alan DePuy	For all victims of gun violence
Susan Dewitt	Mary Jo Andrews
Jaron Nielsen	
Tricia Berry Bell	

IN THANKSGIVING

For the birth of Lydia McNary Crosbie, born to Rachel McNary and Russ Crosbie.

For the The Chalice Bearer Ministry, providing hospitality after morning services.

20S & 30S

Questioning Together

MONDAY, FEBRUARY 3, 7:30 P.M., *Leffler Living Room*

Come join our lively discussion over a light dinner with this supportive and curious group. Our question for February will be: **How does your faith influence your actions?** RSVP (appreciated but not required) to Courtney Wendel-Stevenson: courtneyw1901@gmail.com.



Spirited Women:

Gathering Together to Pray Together

SUNDAY, FEBRUARY 23, 12:45 P.M., *Leffler Living Room*

Are you longing for a deeper connection at Saint Mark's? Have you wondered about spiritual disciplines and how to put those into practice in your daily life? Join us on Sunday, February 23, at 12:45 p.m. in Leffler Living Room, as the Spirited Women group gathers to talk about Lenten disciplines. We will explore the practice of praying with Anglican prayer beads, and then we will make sets to use this coming Lent. Wonder together how prayer practices connect us to each other and deepen our experiences of the seasons. A light lunch will be served. New in the fall of 2019, Spirited Women gathers occasionally throughout the year to talk about practices that help develop and nurture a healthy spirituality. RSVP to Canon Cristi Chapman (cchapman@saintmarks.org) or Mary Segall (mesegall@yahoo.com).



SAINT MARK'S MUSIC SERIES

Vehicles for Variation:

Beloved Chaconnes for String and Organ

FRIDAY, FEBRUARY 21, 7:30 P.M., *Cathedral Nave*



Everyone loves a Chaconne! A Chaconne is a type of musical composition used as a vehicle for variation on a repeated short harmonic progression. Its appeal lies in the tension between hypnotic repetition and ever-evolving variation. This program will include a Chaconne for organ by Buxtehude, for string quartet by Britten, for violin and organ by Vitali, and J. S. Bach's famous *Chaconne in D minor* for solo violin. Featuring Jennifer Caine Provine, violin; Emilie Choi, violin; Alex Grimes, viola; Page Smith, cello; and Michael Kleinschmidt, organ.

CREATION CARE MINISTRY

NEXT MINISTRY MEETING:

MONDAY, FEBRUARY 10, 6 P.M., *Leffler Sun Room*

We have a sacred duty to be stewards of the Earth that supports all life, on behalf of all God's creatures and for future generations. Reversing climate change and reducing our personal carbon footprint are central to this duty. **Did you know that reducing food waste is one of the highest-ranked personal actions that we can take to reduce our personal carbon footprints?** Beef's carbon footprint is twice that of pork and four times that of chicken. Consider reducing the amount of meat and cheese you eat in a week.

Visit <https://www.interfaithpowerandlight.org/> for more information about how faith communities are responding to our call to be stewards of God's creation

Visit the Creation Care page on Saint Mark's website at <https://saintmarks.org/justice/creation-care/> to learn more about efforts being made at Saint Mark's to address climate change, including upcoming Sunday Forums on March 8 and April 19. Contact Marjorie Ringness at marjorie@ringness.org to learn more.



Living the Questions:

A Series for Inquirers and Newcomers

SUNDAYS, MARCH 1–APRIL 5, 12:45 P.M., *Bloedel Hall*
Are you curious about Episcopal liturgy, beliefs, or traditions? Are you feeling called to a deeper commitment with God? No matter where you are on your journey, consider attending this six-week series, where we will explore the basics of the Christian faith through the Episcopal lens. The series begins on Sunday, March 1, and continues each Sunday through April 5. Sessions run from 12:45–2:30 p.m. in Bloedel Hall. A light lunch will be provided each week. Following this series, some decide to become Episcopalians through confirmation or reception into the church; others experience a revival of the soul and desire to reaffirm their baptismal vows. Interested? For more information or to RSVP, contact Canon Cristi Chapman, cchapman@saintmarks.org.

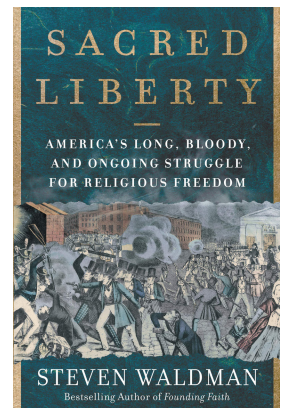
SAINT MARK'S BOOK GROUP

Sacred Liberty: America's Long, Bloody, and Ongoing Struggle for Religious Freedom by Steven Waldman

SUNDAY, MARCH 8, 12:30 P.M., *Cathedral House 210*

If you've ever wondered what "the free exercise thereof" limits or allows, Steven Waldman's book is for you. The Establishment Clause wasn't written into our Constitution because religious freedom was embedded in America's beginnings. Rather, religious freedom in America usually meant the freedom for me to practice my religion. The fight for our "sacred liberty" is often an uncomfortable story.

Almost all religious faiths in America have had their turn on being on the outside. James Madison may be the biggest hero of this story but there are other heroes, among them ordinary Americans who risked their lives or reputations by demanding their right to practice their faiths freely. From America's beginning up to the present, Waldman shows us how we have built a unique model of religious freedom and also that our commitment to religious pluralism is constantly being tested. Saint Mark's book group meets the second Sunday of odd-numbered months. All are welcome to participate.



Mardi Gras Pancake Supper and Dessert Dash

TUESDAY, FEBRUARY 25, 5:30 P.M., *Cathedral Nave*



The annual Mardi Gras Pancake Supper, with Dessert Dash and Closing of the Doors Liturgy will be offered February 25. Saint Mark's

Children, Youth, and Families ministries are partnering with the Seattle Service Corps to organize this event, marking the transition to the season of Lent. The Dessert Dash portion of the evening will be a fundraiser for Saint Mark's youth programming and the SSC. Contact Director of Youth Ministry Nicole Silvernale with any questions: nsilvernale@saintmarks.org.

Mideast Focus Film Series

OPENING RECEPTION: FRIDAY, FEBRUARY 28, 2020, 6:15 P.M., *Bloedel Hall*

The Mideast Focus Ministry of Saint Mark's Cathedral is pleased to announce its seventh annual film series. This year's theme is **Coping with Occupation**.

Screenings will occur in Bloedel hall, Fridays at 7 p.m. on the following dates: February 28, March 27, April 24, and May 15. A catered reception will occur before the first screening, February 28 at 6:15 p.m. For details about the films, please see the postcard available on the brochure rack in the narthex or in Bloedel Hall, or visit saintmarks.org/mideast.





SAINT MARK'S EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

*Wherever you are on your spiritual journey,
you are welcome here.*

Weekday Service Times

MONDAY—FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 5:30 P.M. (note new time)

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY—FRIDAY, 9 AM—4:30 P.M.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of cathedral news, events, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit saintmarks.org/announce. Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.



You may make a donation to Saint Mark's at any time using the **Venmo** mobile app. Scan the code or search for @SaintMarksCathedralSeattle

Cathedral Conversations is a podcast about members of the community of Saint Mark's. Subscribe wherever you get your podcasts, or listen at saintmarks.org/podcast



CATHEDRAL STAFF AND LEADERSHIP

Adam Conley, *Seattle Service Corps Director* aconley@saintmarks.org
Christopher Brown, *Facilities Associate & Event Support* cbrown@saintmarks.org
Cristi Chapman, *Canon for Spiritual Growth & Stewardship* cchapman@saintmarks.org
David Wagner, *Facilities Manager* dwagner@saintmarks.org
Earl Grout, *Deacon* egrout@saintmarks.org
Emily Austin, *Deacon* eaustin@saintmarks.org
Erik Donner, *Executive Assistant & Membership Support* edonner@saintmarks.org
Gregory Bloch, *Director of Communications* gbloch@saintmarks.org
James Pannell, *Director of Operations* jpannell@saintmarks.org
Jason Anderson, *Compline Choir Director* director@complinechoir.org
Jennifer King Daugherty, *Canon for Congregational Life* jkingdaugherty@saintmarks.org
John Stuntebeck, *Associate Organist* jstuntebeck@saintmarks.org
Kelly Moody, *Director of Children's & Family Ministries* kmoody@saintmarks.org
Madeleine Stephens, *Music Administrator* mstephens@saintmarks.org

Sunday, February 2, 2020 ♦ The Feast of the Presentation

HOLY EUCHARIST, 8 A.M., *Thomsen Chapel*.

Preacher: The Rev. Canon Jennifer King Daugherty

HOLY EUCHARIST, 9 A.M., *Cathedral Nave*

Preacher: The Rev. Canon Jennifer King Daugherty

SUNDAY FORMATION, 10:10 A.M., *St. Nicholas Building*: Godly Play (ages 3–8); Jesus and His Kingdom of Equals (ages 9–11). *Youth Room*: Donuts & Discussion (junior high/high school). *Bloedel Hall Sunday Forum*: **Saint Mark's Shorts with Filmmaker David Wild**, see p. 1.

HOLY EUCHARIST, 11 A.M., *Cathedral Nave*

Preacher: The Rev. Canon Jennifer King Daugherty

CHORAL EVENSONG, 4:30 P.M. *Cathedral Nave*

Psalms, hymns, prayers and canticles offered as a sacrifice of praise and thanksgiving for the day.

CATHEDRAL YOGA, 6 P.M., *Cathedral Nave*. A spiritual practice open to all.

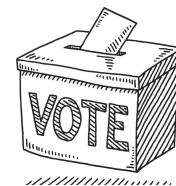
CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

COMPLINE, 9:30 P.M., *Cathedral Nave*

Ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at king.org.

Voter Registration Volunteers

Do you have an interest in getting people registered to vote in upcoming elections? A group of parishioners is coming together to discuss possible actions. Please contact Chair of the Justice Ministry Coordinating Team Justin Mills: justinjmills@gmail.com.



Return Your Palm Branches!



Ash Wednesday falls on February 26 this year. Beginning Sunday, February 2, baskets will be placed in the back of the nave for you to place the palm branches you received last Palm Sunday. These palm branches are then burned to create the ashes used for the rite of Imposition of Ashes at the Ash Wednesday liturgy. You may return your palms any time until February 23.

Michael Kleinschmidt, *Canon for Cathedral Music* mkleinschmidt@saintmarks.org
Michael Seewer, *Cathedral Sacristan & Head Verger* mseewer@saintmarks.org
Nancy Ross, *Canon for Cathedral Relations* nross@saintmarks.org
Nicole Silvernale, *Director of Youth Ministry* nsilvernale@saintmarks.org
Rebekah Gilmore, *Associate Musician & Choir School Director* rgilmore@saintmarks.org
Stephen Eddy, *Bookkeeper & Scheduler* seddy@saintmarks.org
Steve Thomason, *Dean & Rector* sthomason@saintmarks.org

2019–2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior Wardens:* Jim Buskirk and Amanda Davis; Kristen Austin, Carrie Davis, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Kari Nasby, Michael Perera, Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd