



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE SIXTH SUNDAY AFTER THE EPIPHANY ♦ FEBRUARY 16, 2020

SUNDAY FORUM

Special Theatrical Presentation: *Where I Grew Up*

TODAY, FEBRUARY 16, 10:10 A.M., *Bloedel Hall*



The Mideast Focus Ministry kicks off its seventh annual film series (see announcement, next page) with a very special live performance of a play by Ed Mast and Yusef Mahmoud titled *Where I Grew Up*. The short play traces Yusef's experience growing up as a Palestinian-American in Edmonds, Washington. Following the

performance, playwright Ed Mast will host a discussion about the issues raised. (Since this is a live performance, please arrive promptly. The performance will begin by 10:13 a.m.)

Today: Concert and Evensong with 'I Cantori' of Walla Walla University

TODAY, FEBRUARY 16, 4 P.M., *Cathedral Nave*

The chamber choir "I Cantori," under the direction of Kraig Scott, is the crown jewel of the choral program at Walla Walla University. At 4 p.m., the choir will offer a brief concert of music drawn from its 2020 tour repertoire, including works by Alice Parker, James MacMillan, William Grant Still, and Dominick Argento. At 4:30 p.m., the choir will offer a service of Choral Evensong featuring preces and responses by Jack Richard Hodgkinson and canticles by Ēriks Ešēvalds. The anthem will be a setting of "Ubi caritas" by David Briggs. The Reverend Canon Nancy Ross will officiate; Michael Kleinschmidt will be organist.



NOTICE: The cathedral and offices will be closed on Monday, February 17, in observance of Presidents Day.

SAINT MARK'S MUSIC SERIES

Vehicles for Variation:

Beloved Chaconnes for String and Organ

FRIDAY, FEBRUARY 21, 7:30 P.M., *Cathedral Nave*



Everyone loves a Chaconne! A Chaconne is a type of musical composition used as a vehicle for variation on a repeated short harmonic progression.

Its appeal lies in the tension

between hypnotic repetition and ever-evolving variation. This program will include a Chaconne for organ by Buxtehude, for string quartet by Britten, for violin and organ by Vitali, and J. S. Bach's famous *Chaconne in D minor* for solo violin. Featuring Jennifer Caine Provine, violin; Emilie Choi, violin; Alex Grimes, viola; Page Smith, cello; and Michael Kleinschmidt, organ.

SUNDAY FORUM

Celebrating the Radix Project

SUNDAY, FEBRUARY 23, 10:10 A.M., *Bloedel Hall*

All who participated in *The Radix Project: Small Groups/Deep Roots*—and anyone who didn't participate but is curious to know what it was like—are invited to reflect on the experience together with Dean Steve Thomason and Kelly Moody. Join us for an interactive discussion and an opportunity to provide written feedback, which will shape the vision for small group study at Saint Mark's going forward, concluding with a blessing of each group's good work.



Mardi Gras/Shrove Tuesday at Saint Mark's: Pancakes, Dessert Dash, and Closing of the Doors

TUESDAY, FEBRUARY 25, 5:30 P.M., *Cathedral Nave*

The annual Mardi Gras Pancake Supper with Dessert Dash and Closing of the Doors Liturgy takes place February 25, organized by Saint Mark's Children, Youth, and Families Ministries in partnership with the Seattle Service Corps. Gather in the nave for a festive meal including pancakes, jambalaya, and more. The meal concludes with the Dessert Dash, a fundraiser for the Service Corps and Saint Mark's youth programming. When the meal is finished, around 7 p.m., a brief but powerful liturgy of the Closing of the Doors will prepare the worship space for the beginning of Lent the next day, Ash Wednesday. RSVP (highly appreciated to help meal planning, but not required) to Nicole Silvernale: nsilvernale@saintmarks.org.



CATHEDRAL PRAYER LIST

Prayer requests are listed in Sundays & Beyond for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. Paul, Queen Anne (Seattle); the clergy, staff, and vestry of Saint Mark's Cathedral; and all the ministries of the cathedral, especially Saint Brigid's Banquet and the United Churches Emergency Fund (UCEF).

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White Shane Monkman

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Mary Jo Andrews	Mike Murray
Judy Andrews	Breedlove family
John	Estelle Thompson
Katie & Mauve	George Moore
Colby Tyler Doran	Linda Rosch
Aaron	David Moen
Shannon	Linda Hunter
Lilyan Snow	& Donn Rosenaur
Amanda Osenga	Norman Robert Hunter
Neil Smith & Eric Arboleda	Jacqueline Hunter
For all victims of gun violence	Jeanne Morda
Betsy Grabinski	Tad
Stephen Drane	Desmond

THOSE WHO HAVE DIED

Tricia Berry Bell	Thomas R. Conger
Sharon Bloodgood	Rev. John Bell
Tanya Jackson	Jo Ellen Breedlove
Veronica Garcia	James Hayes
For all victims of gun violence	Douglas Mayhew
Mary Jo Andrews	Christi Jackson
Lucile van Wesep-Wolthuis	Bud Elliott
	Larry Anderson

IN THANKSGIVING

For the Sanctuary Ministry, who are providing hospitality after morning services

The nave altar flowers are given to the glory of God and in memory of Tamara Kincaid, whose loved ones celebrate her 60th birthday.

Spirited Women:

Gathering Together to Pray Together

SUNDAY, FEBRUARY 23, 12:45 P.M., *Leffler Living Room*
Are you longing for a deeper connection at Saint Mark's? Have you wondered about spiritual disciplines and how to put those into practice in your daily life? Join us on Sunday, February 23, at 12:45 p.m. in Leffler Living Room, as the Spirited Women group gathers to talk about Lenten disciplines. We will explore the practice of praying with Anglican prayer beads, and then we will make sets to use this coming Lent. Wonder together how prayer practices connect us to each other and deepen our experiences of the seasons. A light lunch will be served. Established in the fall of 2019, Spirited Women gathers occasionally throughout the year to talk about practices that help develop and nurture a healthy spirituality. RSVP to Canon Cristi Chapman (cchapman@saintmarks.org) or Mary Segall (mesegall@yahoo.com).

Mideast Focus Film Series Launch and Opening Reception: *Tel Aviv on Fire*

FRIDAY, FEBRUARY 28. RECEPTION, 6:15 P.M.; PROGRAM, 7 P.M., *Bloedel Hall*



Join Saint Mark's Mideast Focus Ministry for the first offering in its 2020 Film Series. A catered reception will precede the film screening. *Tel Aviv on Fire* is a comedy highlighting the awful absurdity of the Occupation, and proving that it's possible to find humor in the midst of cultural conflict. Through the story of a dialogue

coach working on a Palestinian soap opera, it shows that ordinary life is impossible to disentangle from political trauma. The film won the "Best Film" and "Best Screenplay" awards at the Haifa International Film Festival 2019. Additional events in the series will be offered on March 27, April 24, and May 15. For details, please pick up a postcard from the brochure rack in the narthex, or visit saintmarks.org/mideast.

Living the Questions:

A Series for Inquirers and Newcomers

SUNDAYS, MARCH 1–APRIL 5, 12:45–2:30 P.M., *Leffler Living Room*

No matter where you are on your spiritual journey, consider attending this six-week series, where we will explore the basics of the Christian faith through the Episcopal lens. The series

begins on Sunday, March 1, and continues each Sunday through April 5. Sessions run from 12:45–2:30 p.m. in Bloedel Hall. A light lunch will be provided each week. For more information or to RSVP, contact Canon Cristi Chapman, cchapman@saintmarks.org.



Creating Burning Bushes: Supporting Faith at Home and on the Road

SUNDAY, MARCH 8, 12:45 P.M., *Bloedel Hall*

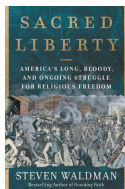
Join Sharon Ely Pearson, one of the most respected leaders in the Episcopal Church, for lunch and learning together. In today's world, caregivers need all the support they can get. This interactive workshop will offer a variety of options for families to engage in faith practices amidst the busy-ness of their lives. How can we move beyond our reliance on a school approach? How might we support families in creating an environment in which all generations are living out their baptismal promises in daily life without adding something new to what they are already doing? Child care will be available during the event. RSVP to Kelly Moody (kmoody@saintmarks.org) or The Rev. Canon Cristi Chapman (cchapman@saintmarks.org).



SAINT MARK'S BOOK GROUP

Sacred Liberty by Steven Waldman

SUNDAY, MARCH 8, 12:30 P.M., *Cathedral House 210*



The next selection for Saint Mark's Book Group explores how we have built a unique model of "religious freedom" in America, and how our commitment to religious pluralism is constantly being tested. All are welcome to participate.

CREATION CARE MINISTRY

NEXT MINISTRY MEETING:

MONDAY, MARCH 9, 6 P.M., *Leffler Sun Room*

We are called to be stewards of the Earth that supports all life, on behalf of all God's creatures and for future generations. There are many ways we can reduce our personal carbon footprint and do our part to reverse the effects of climate change, but reducing food waste is one of the highest-ranked personal actions we can take. **Don't throw those dinner leftovers away!** Make them into a delicious meal for the next day—soup, fried rice, casseroles, quesadillas, shepherd's pie. Make your own favorite recipe, save on your grocery bill, and throw less in the trash or compost.

Visit the Creation Care page on Saint Mark's website at <https://saintmarks.org/justice/creation-care/> to learn more about efforts being made at Saint Mark's to address climate change, including upcoming Sunday Forums on March 22 and April 19. Contact Marjorie Ringness at marjorie@ringness.org to learn more.

20S & 30S

Exploring Scripture: The Book of Revelation and Apocalyptic Scripture

THURSDAYS, MARCH 12–APRIL 23, 7 P.M.

The 20s and 30s Group invites you to join us as we explore Revelation and other apocalyptic literature and examine what these scriptures mean for us as Episcopalians.

Beginning on March 12, we will meet from 7–8:30 p.m. on five Thursday evenings, three in March and two in April (3/12, 3/19, 3/26, 4/16, and 4/23). If you are interested in joining this exploration please contact Canon Daugherty (jkdaugherty@saintmarks.org) and Melissa Sanborn (leighsanborn@msn.com).



Men's Retreat: 'Our Shelter from the Stormy Blast'— Spiritual Reflections on 9/11

FRIDAY THROUGH SUNDAY, JUNE 5–7, 2020

at Camp Casey on Whidbey Island, facilitated by

The Rev. Dr. Stuart Hoke and Dean Steve Thomason



In the spring of 2019, the cathedral offered a Women's Retreat in the Easter Season; this year we offer a similar event for men. As a priest on staff at Trinity Church Wall Street in New York City, the Rev. Dr. Stuart Hoke happened to be standing under the North Tower of the World Trade Center when it was attacked on September 11, 2001. For his talks at our retreat, Stuart will narrate his eyewitness accounts of the day's events and the recovery efforts that

followed in his parish church and neighborhood in the ensuing months. He will also reflect on the many spiritual awakenings that emerged from the ashes—learnings that touch all of us as we navigate life in the 21st century. Join Dr. Hoke and Dean Steve Thomason for this weekend of spiritual reflection and renewal. Space is limited. To reserve your spot, go to saintmarks.org/mensretreat.

CHOIR SCHOOL SUMMER CAMP 2020!



AGE 5–GRADE 8: JULY 13–17

HIGH SCHOOL: AUGUST 3–7

The Choir School is excited to present this year's camp theme:

Fruits of the Spirit. This year, for

the first time, we will be offering camps for children of all ages, from 5-year-olds through high schoolers. Join us for a week of music, learning, community, and lots of fun! You can find much more information and register at saintmarks.org/choircamp.



SAINT MARK'S EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
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saintmarks.org

*Wherever you are on your spiritual journey,
you are welcome here.*

Weekday Service Times

MONDAY—FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 5:30 P.M. (*note new time*)

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY—FRIDAY, 9 AM—4:30 P.M.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of cathedral news, events, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit saintmarks.org/announce. Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.



You may make a donation to Saint Mark's at any time using the **Venmo** mobile app. Scan the code or search for @SaintMarksCathedralSeattle

Cathedral Conversations is a podcast about members of the community of Saint Mark's. Subscribe wherever you get your podcasts, or listen at saintmarks.org/podcast



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Sunday, February 16, 2020 ♦ The Sixth Sunday after the Epiphany

HOLY EUCHARIST, 8 A.M., *Thomsen Chapel*

Preacher: The Rev. Canon Nancy Ross, Canon for Cathedral Relations

HOLY EUCHARIST, 9 A.M., *Cathedral Nave*

Preacher: The Rev. Canon Nancy Ross, Canon for Cathedral Relations

SUNDAY FORMATION, 10:10 A.M., *St. Nicholas Building*: Godly Play (ages 3–8); Jesus and His Kingdom of Equals (ages 9–11). *Youth Room*: Donuts & Discussion (junior high/high school). *Bloedel Hall*: **Special Theatrical Presentation: *Where I Grew Up***, see p. 1.

HOLY EUCHARIST, 11 A.M., *Cathedral Nave*

Preacher: The Rev. Canon Nancy Ross, Canon for Cathedral Relations

RECITAL AND CHORAL EVENSONG, 4 P.M. *Cathedral Nave*

"I Cantori" of Walla Walla University presents a brief recital of choral music at 4 p.m., followed by a service of Evensong at 4:30 p.m. See p. 1.

CATHEDRAL YOGA, 6 P.M., *Cathedral Nave*. A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

COMPLINE, 9:30 P.M., *Cathedral Nave*

Ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at king.org.

Join the Ushers Ministry!

The ushers of the 11 a.m. service are looking for six to 12 people to join this vital ministry. Ushers serve in teams of six, with each team scheduled approximately once per month. The role of usher is a liturgical ministry as well as a ministry of hospitality, ensuring the comfort and safety of the hundreds who worship here each week. Anyone can join—great for newcomers and long-time members alike. If you are interested in joining a team, please contact Cathedral Sacristan Michael Seewer (mseewer@saintmarks.org), or speak to any member of the clergy.

Return Your Palm Branches!



Ash Wednesday falls on February 26 this year. Baskets are now available in the back of the nave in which to place the palm branches you received last Palm Sunday. These palm branches are then burned to create the ashes used for the rite of Imposition of Ashes at the Ash Wednesday liturgy. **Next Sunday, February 23, is your last chance to return your palms.**

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2019–2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Senior Warden:* Julia Logan; *Junior Wardens:* Peter McClung & Walter Stuteville; *Members:* Kristen Austin, Clara Berg, Carrie Davis, Roberta Kanive, Emily Meeks, Kari Nasby, Michael Perera, Marjorie Ringness, Robert Stevens; *Diocesan Members:* Micah Kurtz & Karla Koon; *Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd.