



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

THE HOLY EUCHARIST

THE FOURTH SUNDAY OF ADVENT

December 19, 2021 ♦ 9:00 AM

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of the Duwamish Tribe.

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here!

Per the governor's current requirement, all are asked to wear masks during the service (except when leading worship).

Signs in the nave indicate the distanced and undistanced sections. Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!

*The Assembly speaks aloud the **text in boldface**.*



A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.

PRELUDE

Meditation on the first verse of the Song of Mary
(*Magnificat*: "My soul proclaims the greatness of the Lord")
from *Fifteen Pieces for Vespers of the Holy Mother*, Opus 18

Marcel Dupré (1886–1971)

LAND ACKNOWLEDGMENT

THE ENTRANCE RITE

All stand, as able.

PROCESSION *The procession begins as the bells begin ringing.*

LIGHTING OF THE ADVENT WREATH

O Wisdom, you came forth from the mouth of the Most High;
and reach from one end of the earth to the other, mightily and sweetly ordering all things:
Come and teach us the way of prudence.

OPENING ACCLAMATION

Enriching Our Worship 1, p. 50

Blessed be the one, holy, and living God. **Glory to God for ever and ever.**

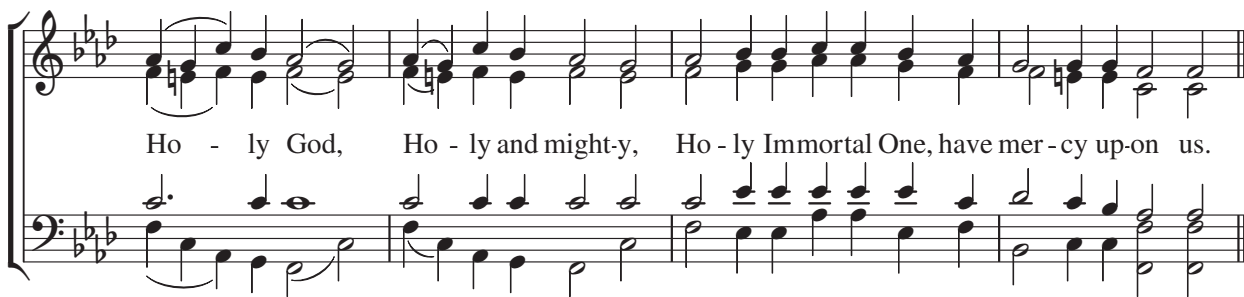
COLLECT FOR PURITY

The Book of Common Prayer, p. 355

ALMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

TRISAGION ♦ *sung by all, three times*

Alexander Arkhangelsky (1846–1924)



The Hymnal 1982 #S-102; © Church Publishing, Inc.

COLLECT OF THE DAY *Fourth Sunday of Advent*

Prayers for an Inclusive Church, adapt.

God be with you. **And also with you.** Let us pray.

GOD WITH US, born of Mary's flesh beyond all convention:
give us the faith of Joseph in a world with too much shame,
embolden us to hear your promise of presence,
and to respond with joy to the cry of life renewed and love reborn;
through Jesus Christ, the one who is to come. **Amen.**

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Micah 5:2-5a*

You, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days. Therefore he shall give them up until the time when she who is in labor has brought forth; then the rest of his kindred shall return to the people of Israel. And he shall stand and feed his flock in the strength

of the LORD, in the majesty of the name of the LORD his God. And they shall live secure, for now he shall be great to the ends of the earth; and he shall be the one of peace.

Hear what the Spirit is saying to God's people.

Thanks be to God.

CANTICLE *The Song of Mary ♦ Luke 1:46-55*

Peter R. Hallock (1924-2014)

The choir introduces the Antiphon; all repeat it. The cantor chants the verses, all repeating the Antiphon as indicated.



My soul proclaims the greatness of the Lord.

Magnificat

MY SOUL proclaims the greatness of the Lord, my spirit rejoices in God my Savior; for he has looked with favor on his lowly servant. From this day all generations will call me blessed: the Almighty has done great things for me, and holy is his Name. **ANTIPHON**

He has mercy on those who fear him in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit. **ANTIPHON**

He has cast down the mighty from their thrones, and has lifted up the lowly. He has filled the hungry with good things, and the rich he has sent away empty. **ANTIPHON**

He has come to the help of his servant Israel, for he has remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children for ever. **ANTIPHON**

READING *Hebrews 10:5-10*

WHEN Christ came into the world, he said, "Sacrifices and offerings you have not desired, but a body you have prepared for me; in burnt offerings and sin offerings you have taken no pleasure. Then I said, 'See, God, I have come to do your will, O God' (in the scroll of the book it is written of me)." When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered

according to the law), then he added, "See, I have come to do your will." He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

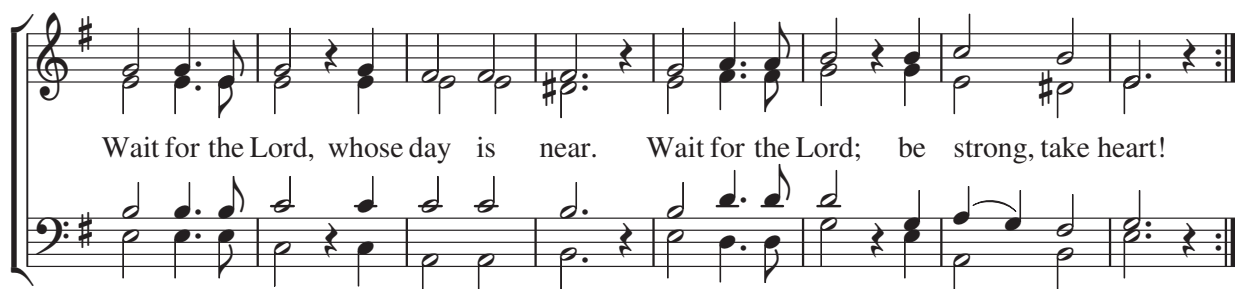
Hear what the Spirit is saying to God's people.

Thanks be to God.

All stand, as able.

GOSPEL ACCLAMATION *sung by all, three times*

music from the Taizé Community



THE HOLY GOSPEL *Luke 1:39-55*

The Holy Gospel of our Lord Jesus Christ according to Luke. **Glory to you, Lord Christ.**

IN THOSE DAYS Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth.

When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord."

And Mary said, "My soul magnifies the Lord, and my spirit rejoices

in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants forever."

The Gospel of the Lord. **Praise to you, Lord Christ.**

HOMILY

The Reverend Canon Eliacín Rosario-Cruz

All stand, as able.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in

Authorized for use by the 1997 General Convention

accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE *The Assembly speaks aloud the text in boldface.*

After each petition:

**We look to you in hope,
Come among us, O Christ.**

The Presider concludes the prayers with a collect; all respond: Amen.

CONFESSION & ABSOLUTION

Let us confess our brokenness to God.

Silence is kept. You are invited to stand or kneel for the confession.

Christ, Lover of all who struggle, we confess that we have fallen short of your goodness and love: we have not loved one another or creation, we have not loved you, Holy One; we have not loved ourselves. We cannot avoid what we are not; our faults and failures are before us, and we are sorry for our sins. You see us for who we are and yet still stand by us, offering us mercy and hope and forgiveness. Grant us the courage to receive these gifts that we may delight in your will, and walk in your ways. This is our solemn prayer. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

The peace of Christ be always with you. **And also with you.**

All exchange a sign of peace, respecting others' desires for distance to be maintained.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

ANTHEM

A Virgin most pure

WORDS & MUSIC: Traditional English

A virgin most pure, as the prophets do tell,
Hath brought forth a baby, as it hath befell,
To be our Redeemer from death, hell and sin,
Which Adam's transgression had wrapped us in.

*Refrain
Aye, and therefore be you merry,
Rejoice and be ye merry,
Set sorrows aside;
Christ Jesus our Savior was born on this tide.*

At Bethlem in Jewry a city there was
Where Joseph and Mary together did pass,
And there to be taxed, with many one more,
For Cæsar commanded the same should be so.

Thus were they constrained in a stable to lie,
where only dumb cattle they used to tie;
their lodging so simple they took it no scorn,
and there the next morning our Saviour was born.

All stand, as able.

THE GREAT THANKSGIVING

Prayers for an Inclusive Church, adapt.

God be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give God thanks and praise.**

Eternal God, Mystery of winter skies, we thank you in the darkening hour for opening our eyes to your starlit beauty; for parting the wide heavens with your persistent light; for offering your Word to take our mortal flesh.

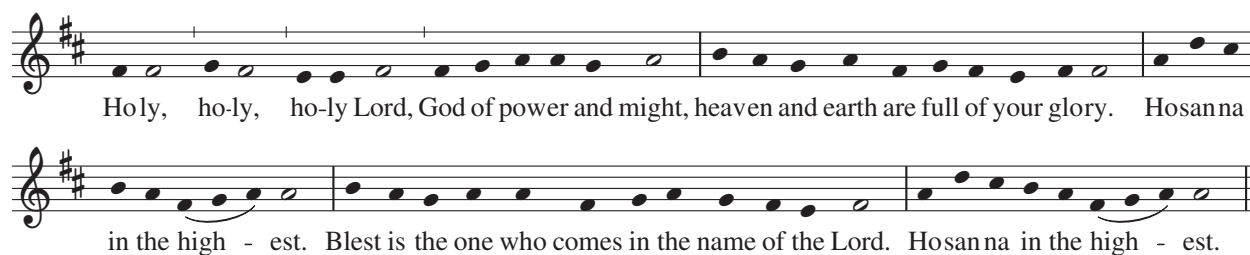
In the fullness of time, a child was promised by those who shared your dream of peace; John the Baptist cleared his way with words

of desert fire; Mary and Joseph welcomed his coming with tenderness and faith; we trust that he draws near again to show us our true selves.

Now we take up the song of hope, with angels and saints and all the company of heaven, that the world might awaken to his coming and be touched by his glory:

SANCTUS & BENEDICTUS

David Hurd (b. 1950)



The Hymnal 1982 #S-124; ©1981 G.I.A. Publications, Inc.

We ask that your Holy Spirit fall upon us and upon these gifts, that these fragile, earthly things may be to us the body and blood of our Lord and brother, Jesus Christ.

On the night he was betrayed, Jesus gathered with his faltering friends. He took bread, gave thanks, broke it and said: "This is my body, which is given for you. Do this in remembrance of me."

In the same way after supper, he took the cup of wine, saying, "This cup is the new covenant in my blood. Do this, whenever you drink it, in remembrance of me."

As on that night, so here and now he offers himself in touch and taste beyond all that words can hold. And so we proclaim the great mystery of faith, saying:

**Christ has died. Christ is risen.
Christ will come again.**

With these gifts we are filled with the life-giving presence of Christ; we proclaim him as creation's host, transforming poverty into plenty with his generous love.

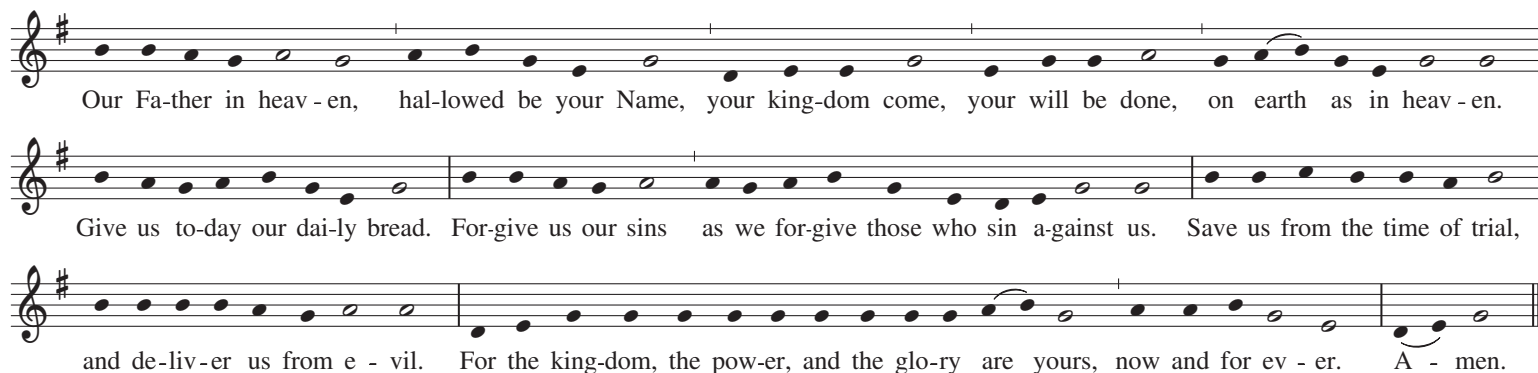
Inspire us with the hope that one day death and greed will be no more, and people will come from east and west, north and south to share a feast of abundance.

We ask this through Jesus Christ our Savior, by whom and with whom and in whom, in the unity of the Holy Spirit, all honor and glory be yours, Mother of blessings, for ever and ever.

AMEN.

THE LORD'S PRAYER

MUSIC: McNeil Robinson II (1943-2015)

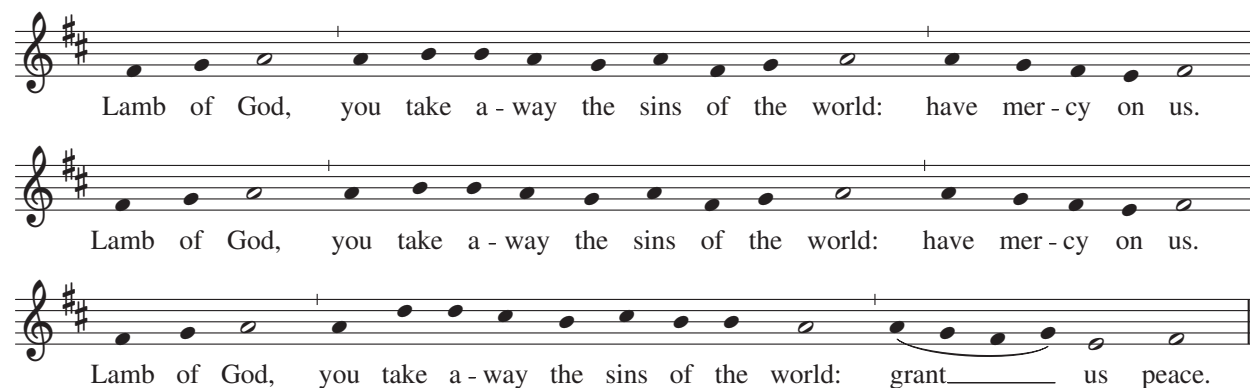


The Hymnal 1982 #S-149; from Music for the Lord's Supper, ©1984 Theodore Presser Co.

In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD *Lamb of God*

Hurd



The Hymnal 1982 #S-161, ©1981 G.I.A. Publications, Inc.

INVITATION TO COMMUNION

The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread is distributed by priests at standing stations at the head of three aisles. Before receiving the bread, please sanitize your hands. The priest will place the bread into your outstretched palm taking care not to touch your hand. Communion is currently being offered in one kind. The full grace of the sacrament is received with only the bread. If you prefer a gluten-free wafer, simply ask the priest for one at the time of Communion.

HYMN 66 *Come, thou long expected Jesus ♦ The Hymnal 1982*

TUNE: *Stuttgart*

1. Come, thou long - ex - pect - ed Je - sus born to set thy peo - ple free;
2. Is - rael's strength and con - so - la - tion, hope of all the earth thou art;
3. Born thy peo - ple to de - li - ver, born a child, and yet a King,
4. By thine own e - ter - nal Spi - rit rule in all our hearts a - lone;

from our fears and sins re - lease us, let us find our rest in thee.
dear de - sire of ev - ery na - tion, joy of ev - ery long - ing heart.
born to reign in us for - ev - er, now thy gra - cious king - dom bring.
by thine all - suf - fi - cient mer - it, raise us to thy glo - rious throne.

*The Hymnal 1982 #66, WORDS: Charles Wesley (1707-1788), public domain;
MUSIC: melody from Psalmodia Sacra, oder Andächtige und Schöne Gesänge, 1715; adapt. and harm. William Henry Havergal (1793-1870), alt.; public domain.*

All stand, as able.

SENDING OF EUCHARISTIC VISITORS

On some Sundays, ministers take Holy Communion to sick or housebound members of the community.

One body are we. **For though many, we share one bread and one cup.**

Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

Prayers for an Inclusive Church, adapt.

Let us pray. **Eternal God, we thank you that in Christ you have fed us with the bread of life: may we who have tasted your bounteous gifts proclaim this good news to the ends of the earth, that all people might come to know that you dwell in our midst, eager to greet your creation with abounding love and mercy; we ask this in the name of Christ. Amen.**

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

1. The an - gel Ga - bri - el from hea - ven came, — his wings as drift - ed snow, his
 2. "For know a bless - ed Mo - ther thou shalt be, — all gen - er - a - tions laud and
 3. Then gen - tle Ma - ry meek - ly bowed her head, — "To me be as it pleas - eth
 4. Of her, Em - man - u - el, the Christ, was born — in Beth - le - hem, all on a

eyes — as flame; — "All hail," said he, "thou low - ly mai - den Ma - ry, —
 hon - or thee, — thy Son shall be Em - man - u - el, by seers fore - told, —
 God," — she said, — "my soul shall laud and mag - ni - fy his ho - ly Name." —
 Christ - mas morn, — and Chris - tian folk through - out the world will ev - er say: —

most high - ly fa - vored la - dy," Glo - - - ri - a! —
 most high - ly fa - vored la - dy," Glo - - - ri - a! —
 Most high - ly fa - vored la - dy, Glo - - - ri - a! —
 "Most high - ly fa - vored la - dy!" Glo - - - ri - a! —

The Hymnal 1982 #265, WORDS: Basque carol; para. Sabine Baring-Gould (1834-1924);
 MUSIC: Basque carol; harm. Edgar Pettman (1865-1943) ©1961 B. Feldman & Co., Ltd.

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Magnificat on the First Tone, BuxWV 203* Diedrich Buxtehude (1637-1707)
 (a Fantasia based on a plainsong melody historically associated with the Song of Mary)

MINISTERS OF THE LITURGY

PRESIDER The Very Reverend Steven L. Thomason; **PREACHER** The Reverend Canon Eliacín Rosario-Cruz; **ASSISTING CLERGY** The Reverend Canon Jennifer King Daugherty; **DEACON** The Reverend Emily Austin; **ASSISTING LAY MINISTER** Susan Nicoll; **ALTAR GUILD** Sue Tait; **ADVENT WREATH LIGHTING** The Maruyama-Rubio Family; **CRUCIFER** Ray Miller; **LECTORS** Michael Perera, Pamela Bradburn; **INTERCESSOR** Karrie Sutkus; **USHERS** Dave Harms, Ralph Ermoian; **OBLATION BEARER** Ray Miller; **LAND ACKNOWLEDGMENT** Marjorie Ringness; **FLOWER MINISTERS** Beatrix Roemheld-Hamm, *team captain*; **MUSICIANS** The Senior Choristers of Saint Mark's Choir School, Saint Mark's Singers, Rebekah Gilmore, *cantor*; **SOUND BOARD** Michael Perera

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