



20s30s Slack Channel Community Commitments

The 20s30s Slack Channel is intended to make it easy to gather and build community in the 20s30s Group at Saint Mark's. The group shares events/opportunities, prayer requests, learning and life updates. The 20s30s Slack Channel best serves everyone by maintaining that we:

- **Welcome new members.** A simple "Hello, Name" can go a long way. We seek to equitably welcome new members.
- **Respect people's privacy and do not widely share items** such as prayer requests if the person asks for confidentiality. Ex: [CONFIDENTIAL prayer request].
- **Lead with curiosity**, asking clarifying questions to gain a better understanding of someone else's perspective or experience, foster empathy, and build connection.
- **Assume positive intent**, asking questions rather than making assumptions. However, we also recognize that *intent* is different than *impact* and sometimes, even with positive intentions, the impact of our posts may land differently. If we unintentionally cause harm, we listen with a posture of curiosity and growth.
- **Create and maintain a safe space to share.** It's important that people feel comfortable expressing their thoughts, feelings, and experiences in a safe and trusted space.
- **Balance vulnerability with sensitivity.** We seek to be our authentic selves and are mindful of the content, ensuring it is appropriate for the 20s/30s group purpose – to cultivate connection with one another and to honor individual and collective spiritual journeys. We avoid sharing content that is offensive or explicit and consider how it may impact others before posting. At times this may require checking in with one another to see what was meant or to apologize for how something came across. We do this directly with one another. If needed, the 20s30s Admin can be available for support if issues or questions arise.
- **Include people outside of Slack in event planning and connections.** We remember that not all 20s30s at Saint Mark's are on Slack and seek to be intentional about sharing opportunities for formal events and gatherings in other formats, too, such as the website, newsletter, and personal invitation.
- **Cultivate creativity.** This channel is a great way to get input on new ideas and share resources that help us learn and grow.

Additional Resources: [Healthy Communication in Community](#) adopted by Saint Mark's Vestry