

Introduction to the Enneagram

The Nine Enneagram Types



The Standard Bearer



The Standard Bearer

Pride: “I am Right”

Avoidance: Anger

Trap: Perfection

Virtue: Serenity

Passion: Anger



The Nurturer



The Nurturer

Pride: “I am Helpful”

Avoidance: My Needs

Trap: Service

Virtue: Humility

Passion: Pride



The Winner



The Winner

Pride: “I am Successful”

Avoidance: Failure

Trap: Efficiency

Virtue: Truthfulness

Passion: Deceit



The Creator



The Creator

Pride: “I am Unique”

Avoidance: Ordinariness

Trap: Authenticity

Virtue: Equanimity

Passion: Envy



The Scholar



The Scholar

Pride: “I am Wise”

Avoidance: Emptiness

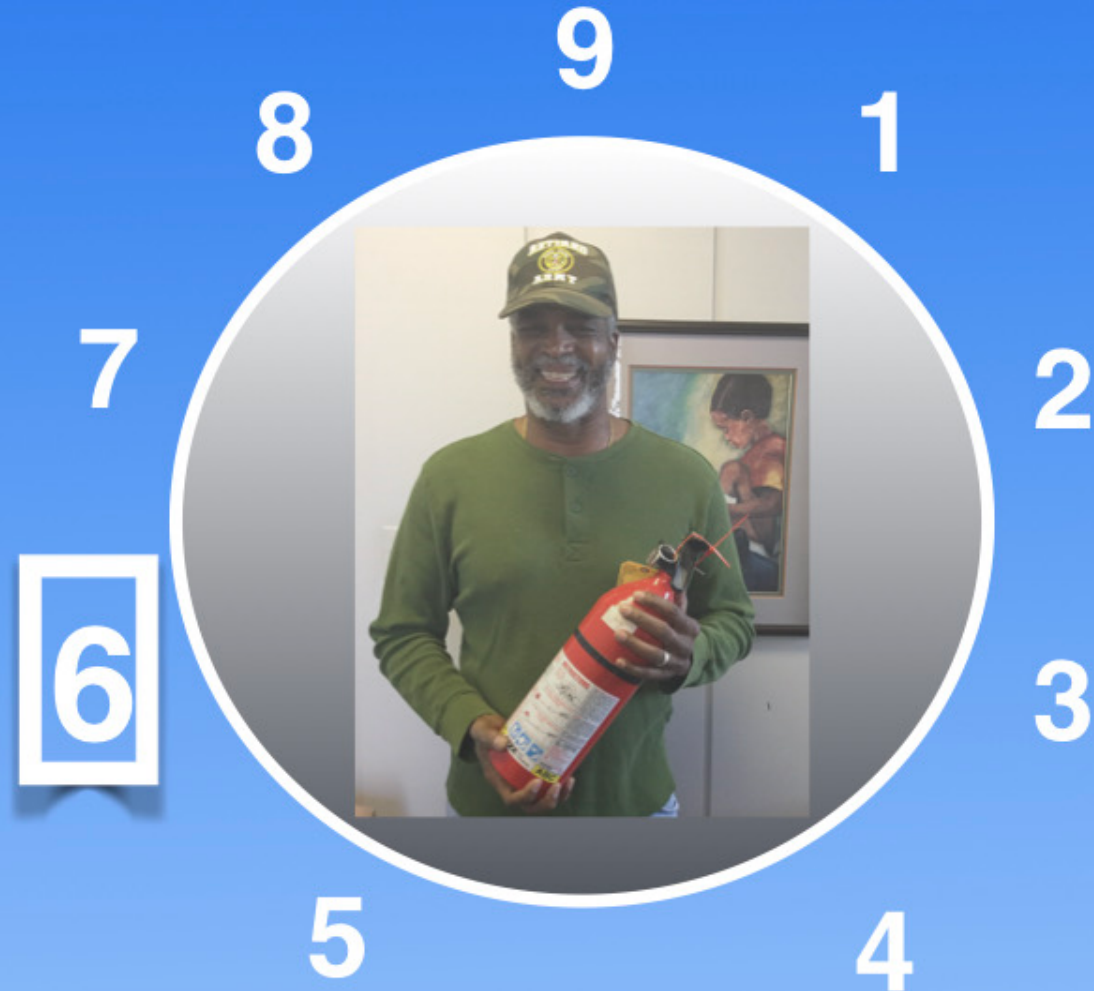
Trap: Knowledge

Virtue: Detachment

Passion: Stinginess



The Team Player



The Team Player

Pride: “I am Loyal”

Avoidance: Deviance

Trap: Security

Virtue: Courage

Passion: Fear



The Bon Vivant



The Bon Vivant

Pride: “I am Happy”

Avoidance: Pain

Trap: Idealism

Virtue: Sobriety

Passion: Over-Indulgence



The Commander



The Commander

Pride: “I am Strong”

Avoidance: Weakness

Trap: Justice

Virtue: Simplicity

Passion: Arrogance



The Peacemaker

9

8

1

2

3

4

5

6

7



The Peacemaker

Pride: “I am Peaceful”

Avoidance: Conflict

Trap: Self-
Abasement

Virtue: Diligence

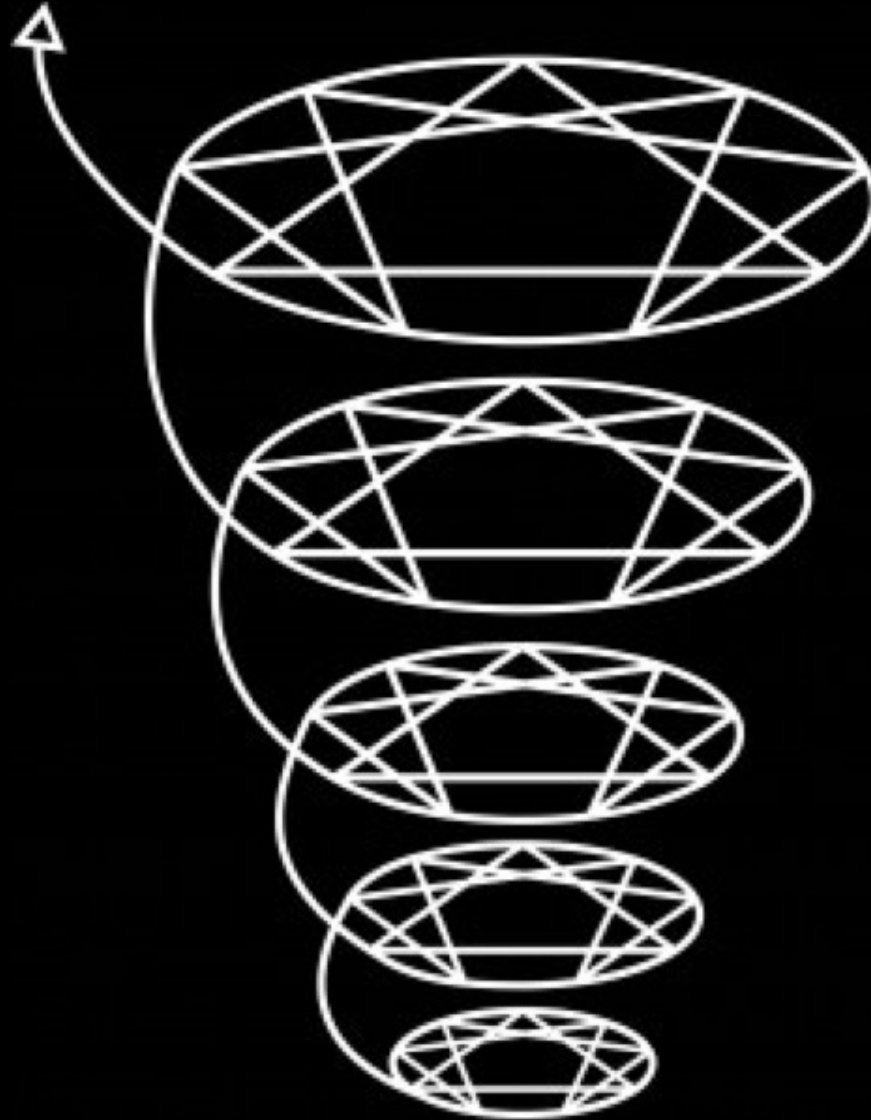
Passion: Laziness



The Nine Enneagram Types

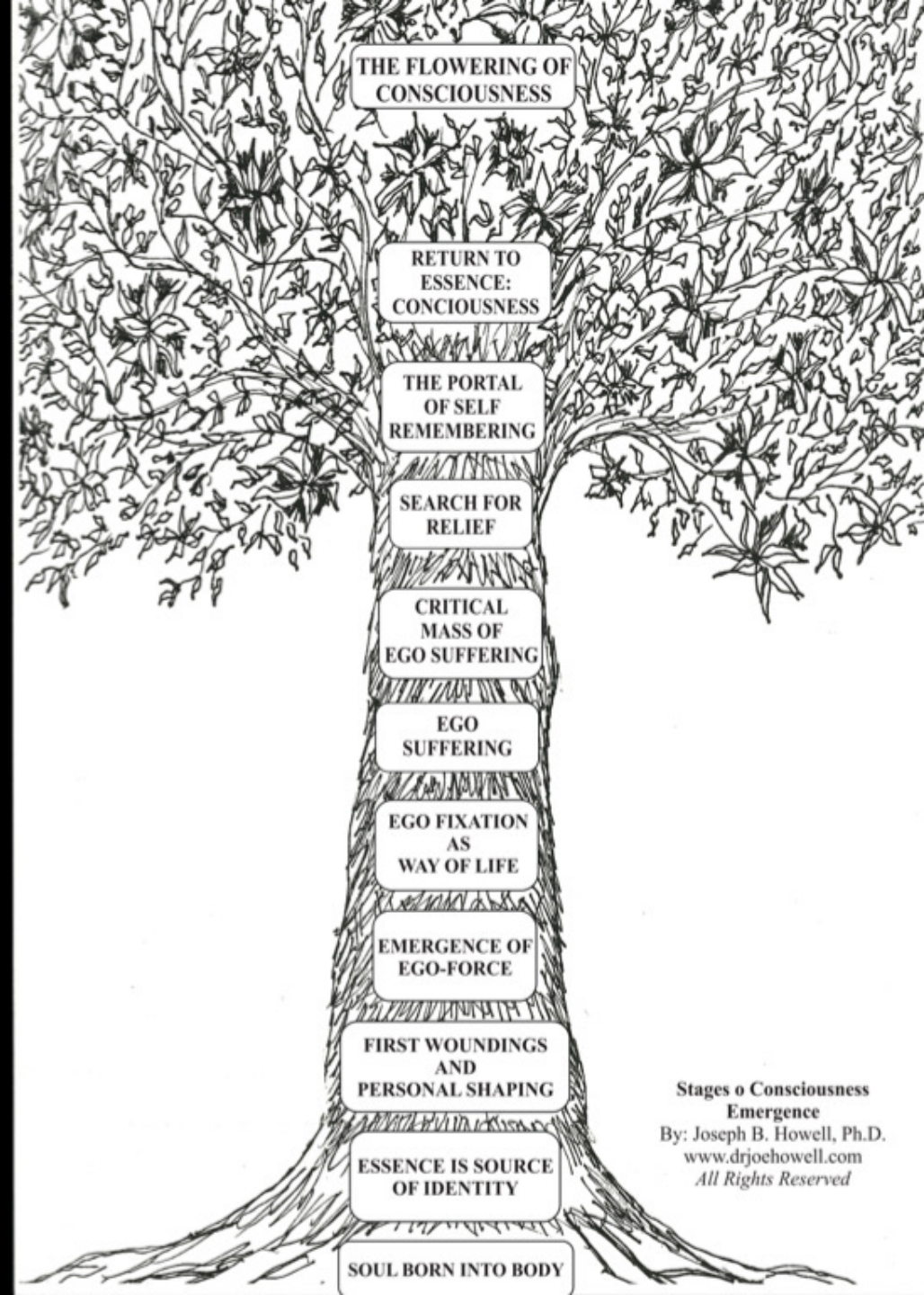


Levels of Consciousness



Stages of Consciousness Emergence

Pg 193



Stages of Psychosocial Development



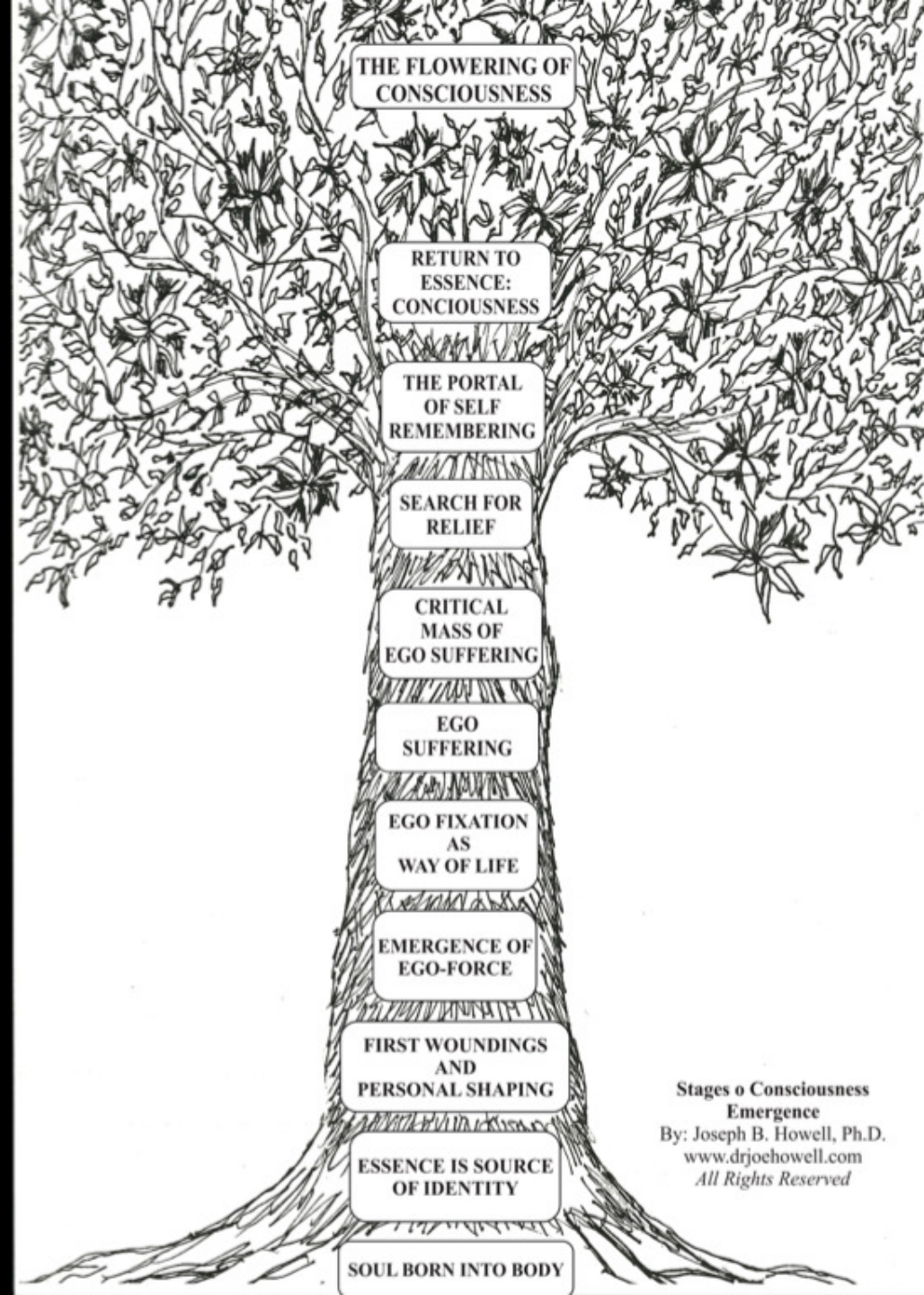
“People who fail to do something right...
are those who often break through to
enlightenment and compassion.”

-Richard Rohr



Stages of Consciousness Emergence

Pg 193



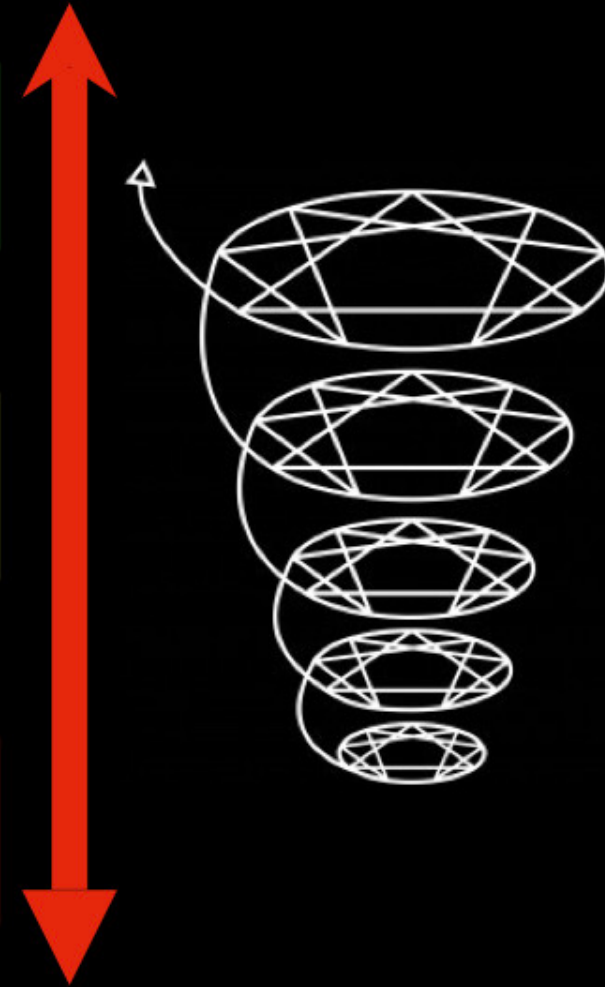
Levels of Consciousness



Healthy
(Essence)

Average
(Asleep)

Unhealthy
(Ego Fixation)



Levels of Consciousness

- Level of Identification with personality structures/ego
- Continuum from shut down and defended to open and liberated

Healthy
(Essence)

Average
(Asleep)

Unhealthy
(Ego Fixation)



Levels of Consciousness

- Each level represents increasing layers of fear and defenses
- These fear and defenses arise from childhood and have become automatic, unexamined belief systems and habit patterns

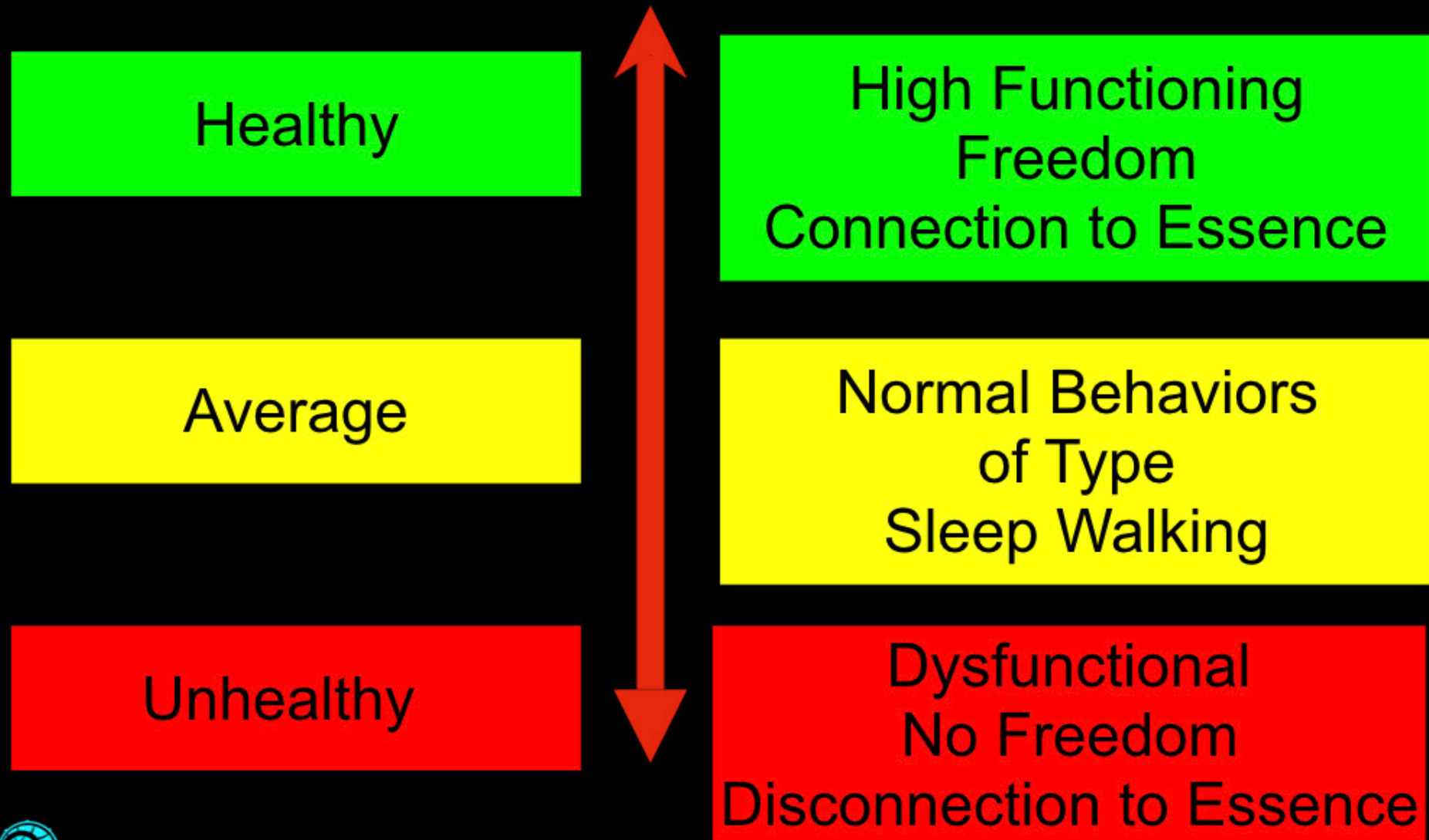
Healthy
(Essence)

Average
(Asleep)

Unhealthy
(Ego Fixation)



Levels of Consciousness



Levels of Consciousness



Spiritual
Awakening

1

HEALTHY / CONSCIOUS

Serene Discerner of the Right Way
Diligent Standard Bearer, Good-Natured Up-
Standing Teacher, Guide, Mentor

AVERAGE

Idealistic World-Corrector
Judgmental Monitor
Hard-Working Perfectionist

UNHEALTHY / UNCONSCIOUS

Irritable, Condemning Purist
Depressive Fatalist
Out-of-Control Resenter

2

HEALTHY / CONSCIOUS

Self-aware, Empathetic Server
Humble, Actively-Giving Altruist
Grace-Filled, Relational Nurturer

AVERAGE

Helping, Caring Friend
Smothering Do-Gooder
Flattering Giver

UNHEALTHY / UNCONSCIOUS

Maker of Dependencies
Coercive Controller
Prideful, Domineering Self-Proclaimed Saint

3

HEALTHY / CONSCIOUS

Honest, Successful Achiever

Inclusive, Responsive Leader

Fair-minded, Proficient Administrator

AVERAGE

Success-Seeker

Image-Dominated Competitor

Efficient, Goal-Setting Winner

UNHEALTHY / UNCONSCIOUS

Narcissistic Go-Getter

Deceitful, Self-Serving Con Artist

Sociopathic Aggressor

4

HEALTHY / CONSCIOUS

Self-Understanding, Unique Creator

Exquisitely Inspired, Artist

Passionate Advocate of the Neglected

AVERAGE

Imaginative Sophisticate

Searcher for the Illusive & Unique

Self-Absorbed Crusader

UNHEALTHY / UNCONSCIOUS

Lamenting Depressive

Misunderstood, Envious Odd-Ball

Tragic, Pining, Self-Destructive

5

HEALTHY / CONSCIOUS

Fulfilled, Knowledgeable Observer
Grounded, Reflective, Influential
Perceptive, Involved, Wise Authority

AVERAGE

Analytic Theorist
Introverted, Insatiable Absorber
Avid Collector, Gatherer

UNHEALTHY / UNCONSCIOUS

Isolated Hoarder
Delusional Hermit
Empty Dweller in Fantasy

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HEALTHY / CONSCIOUS

Integrity-Based, Self-Confident Affirmer

Consensus-Building Leader

Centered, Committed Faithful

AVERAGE

Team Player, Undecided Chameleon

“Can Do” Over-Accomplisher

Over-the-Top Strong One

UNHEALTHY / UNCONSCIOUS

Anxious, Security Addict

Overreacting, Dependent Alarmist

Fear-Ridden, Counter-phobic, Phobic

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HEALTHY / CONSCIOUS

Hopeful, Realistic Inspirer

Grateful, Enthusiastic Optimist

Happy, Grounded Visionary

AVERAGE

Happy, Fantasy-Driven Celebrator

Scattered Multi-Interested Generalist

Insatiable Acquirer, Traveler

UNHEALTHY / UNCONSCIOUS

Impulsive, Hyperactive Darter

Distracted, Frenzied Over-Perfectionist

Depressed Denier of Reality

8

HEALTHY / CONSCIOUS

Action-Oriented, Compassionate Hero

Involved, Altruistic Commander

Powerful Servant Leader

AVERAGE

Enterprising, Intimidating CEO

Justice-Seeking Dominator

Strong, Confrontational Adversary

UNHEALTHY / UNCONSCIOUS

Tyrannical Ruler

Isolated Ego Maniac

Cruel Oppressor

9

HEALTHY / CONSCIOUS

Harmonious Achiever

Grounded, Receptive Supporter

Energized, Effective Peacemaker

AVERAGE

Balanced Mediator

Calm, Unruffled Neutralizer

Conflict-Avoidant Pacifist

UNHEALTHY / UNCONSCIOUS

Self-Neglectful, Passive-Aggressor

Narcotized Disassociator

Detached Sloth

Signs of Spiritual Awakening

- Observing patterns, noticing
- Sense of connection
- Letting go of attachment
- Finding inner peace
- Increasing intuition
- Having synchronicity
- Increasing compassion
- Removing fear of death

-Deepak Chopra





Thank you!

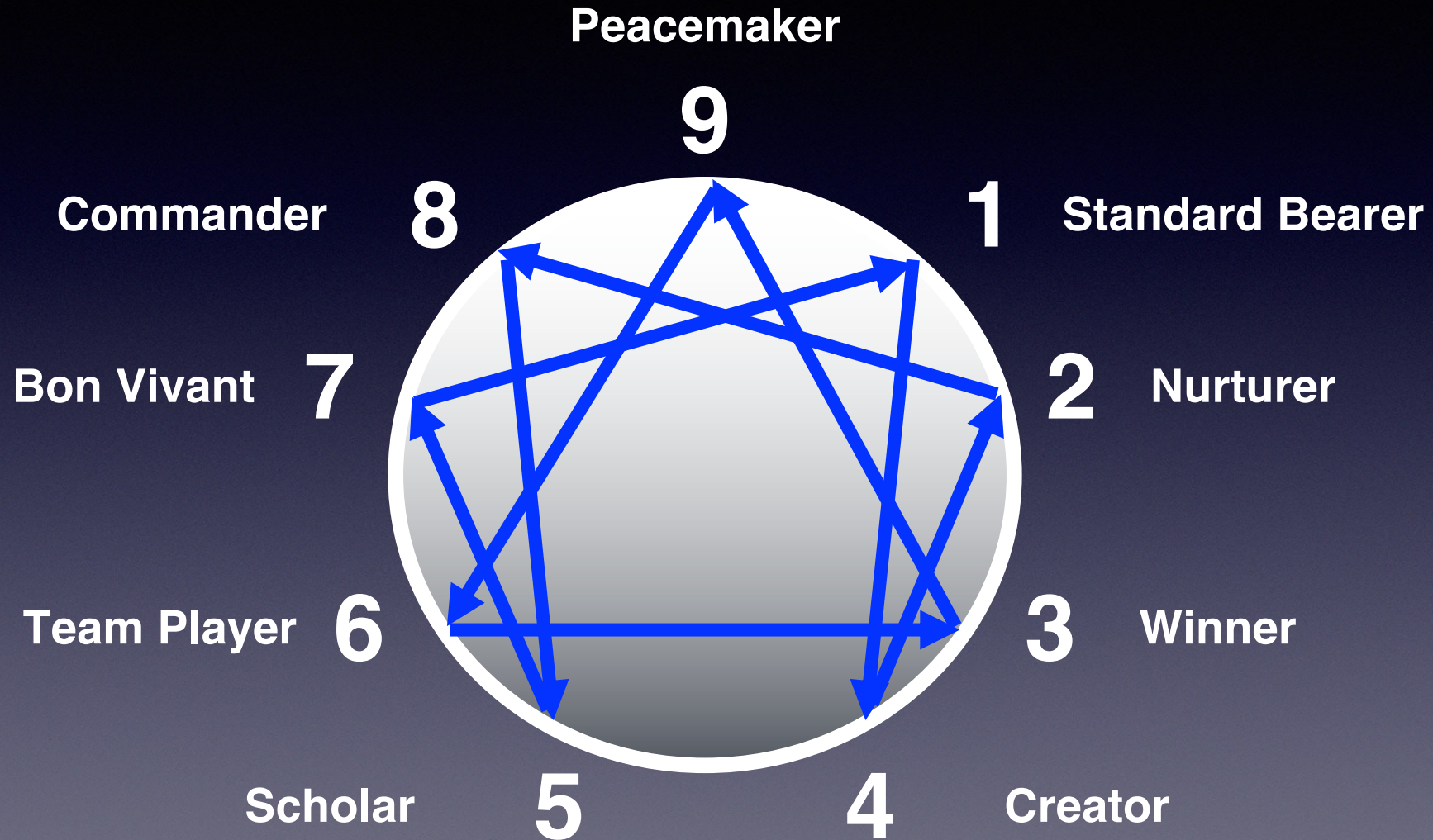


The Institute for
CONSCIOUS BEING



Arrows of the Enneagram

The Nine Enneagram Types



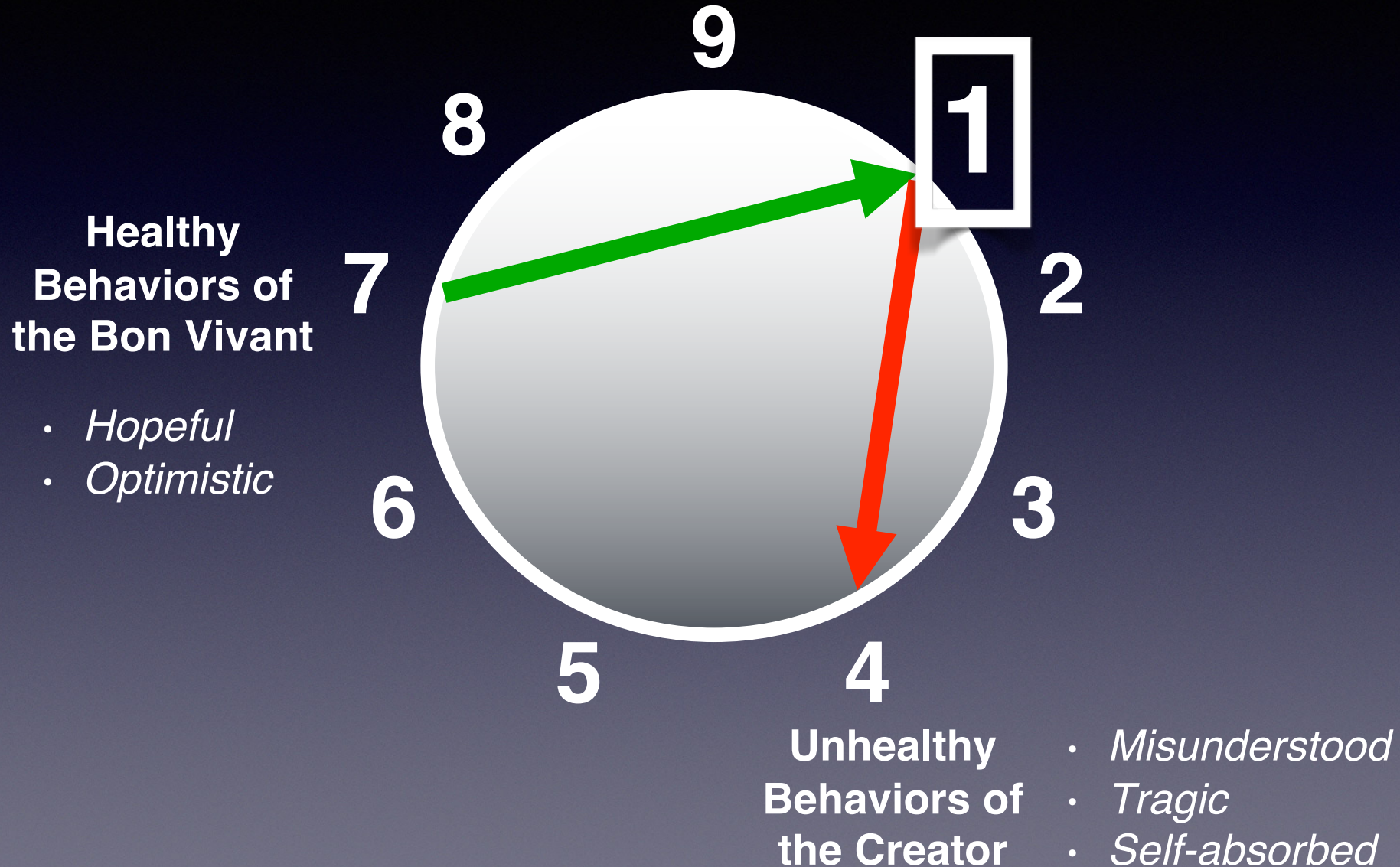
Swimming Upstream



Lazy River



The Standard Bearer



The Nurturer

Unhealthy Behaviors of the Commander

- *Controlling*
- *Withdraws gifts*



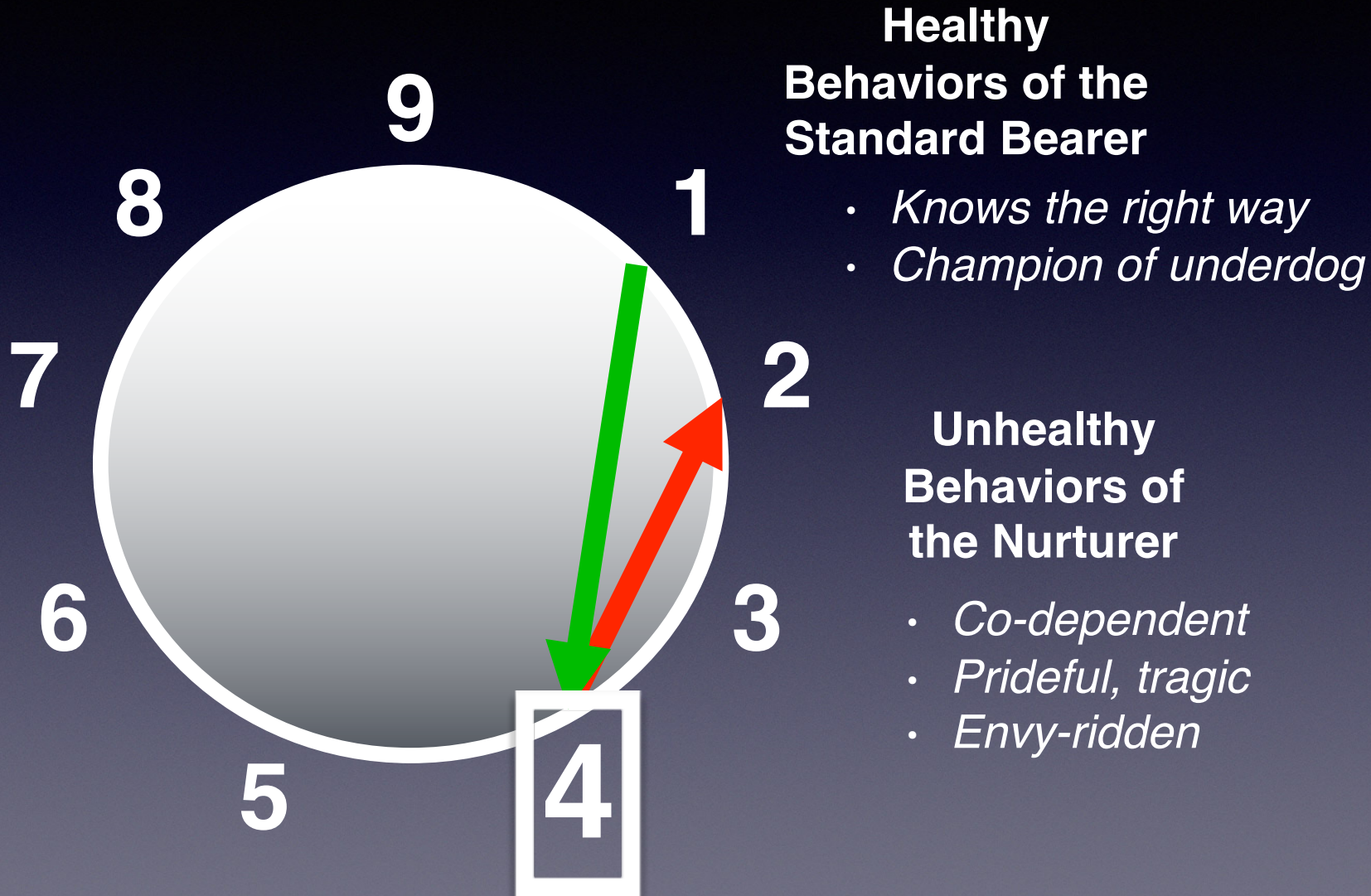
Healthy Behaviors of the Creator

- *Understands own needs*
- *Giving, Loving Heart*

The Winner



The Creator



The Scholar

Healthy Behaviors of the Commander

- *Shares knowledge*
- *Powerful*

Unhealthy Behaviors of the Bon Vivant

- *Internal fantasy*
- *Disconnection with reality*



The Team Player

**Healthy
Behaviors of
the Peacemaker**

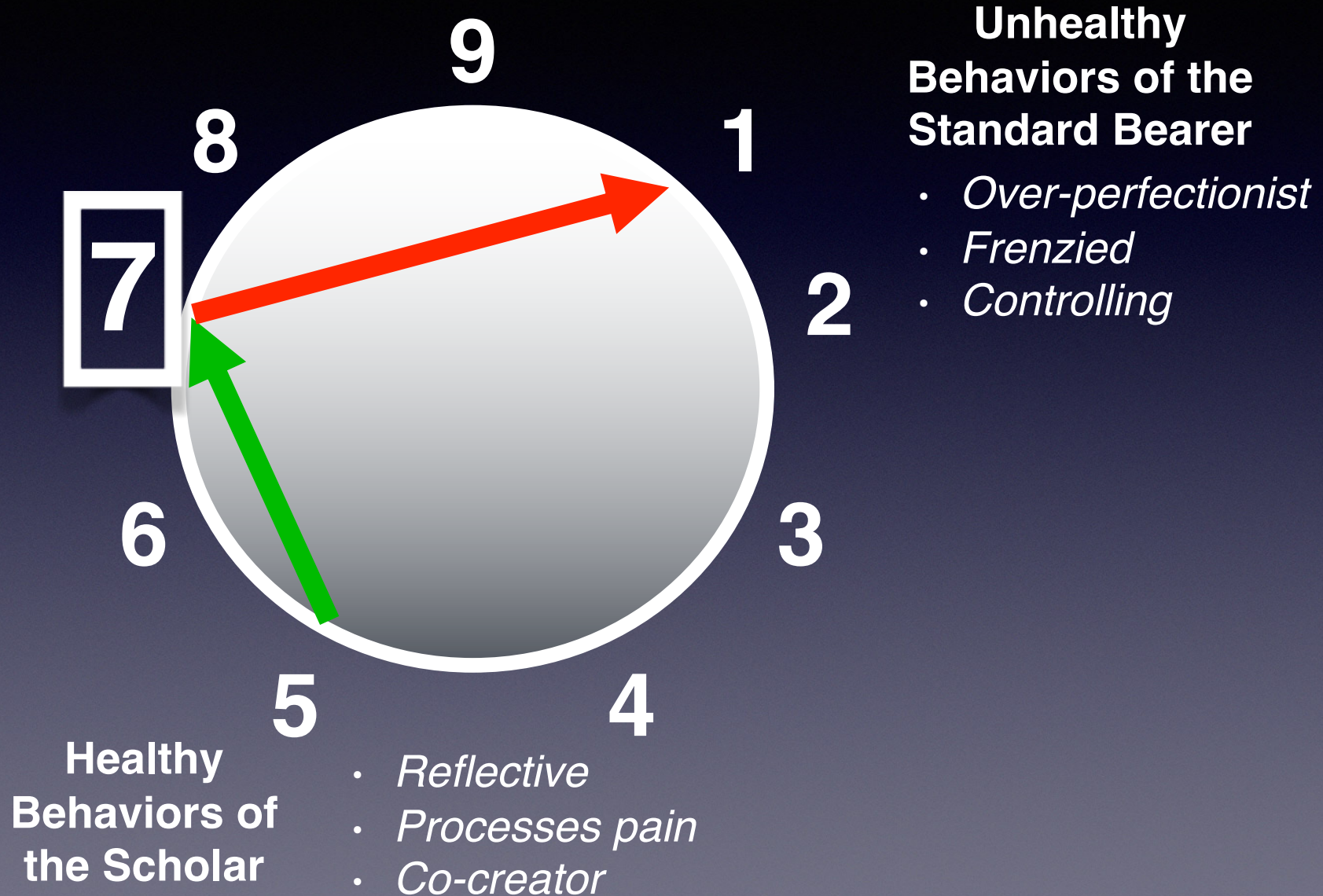
- *Peaceful*
- *Trusting*



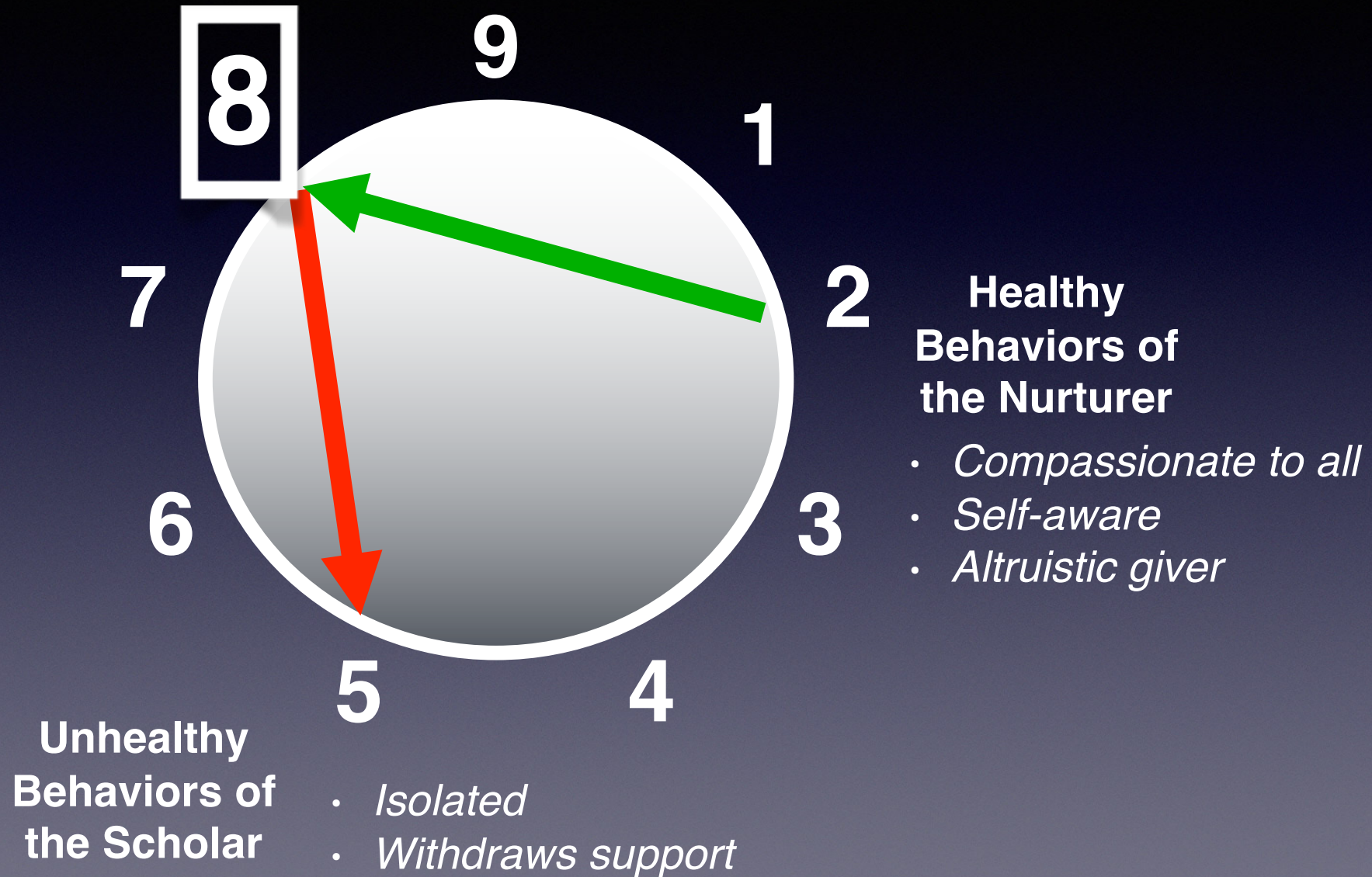
**Unhealthy
Behaviors of
the Winner**

- *Accomplishing
with deceit*
- *Fearful*

The Bon Vivant



The Commander



The Peacemaker



Wings of the Enneagram

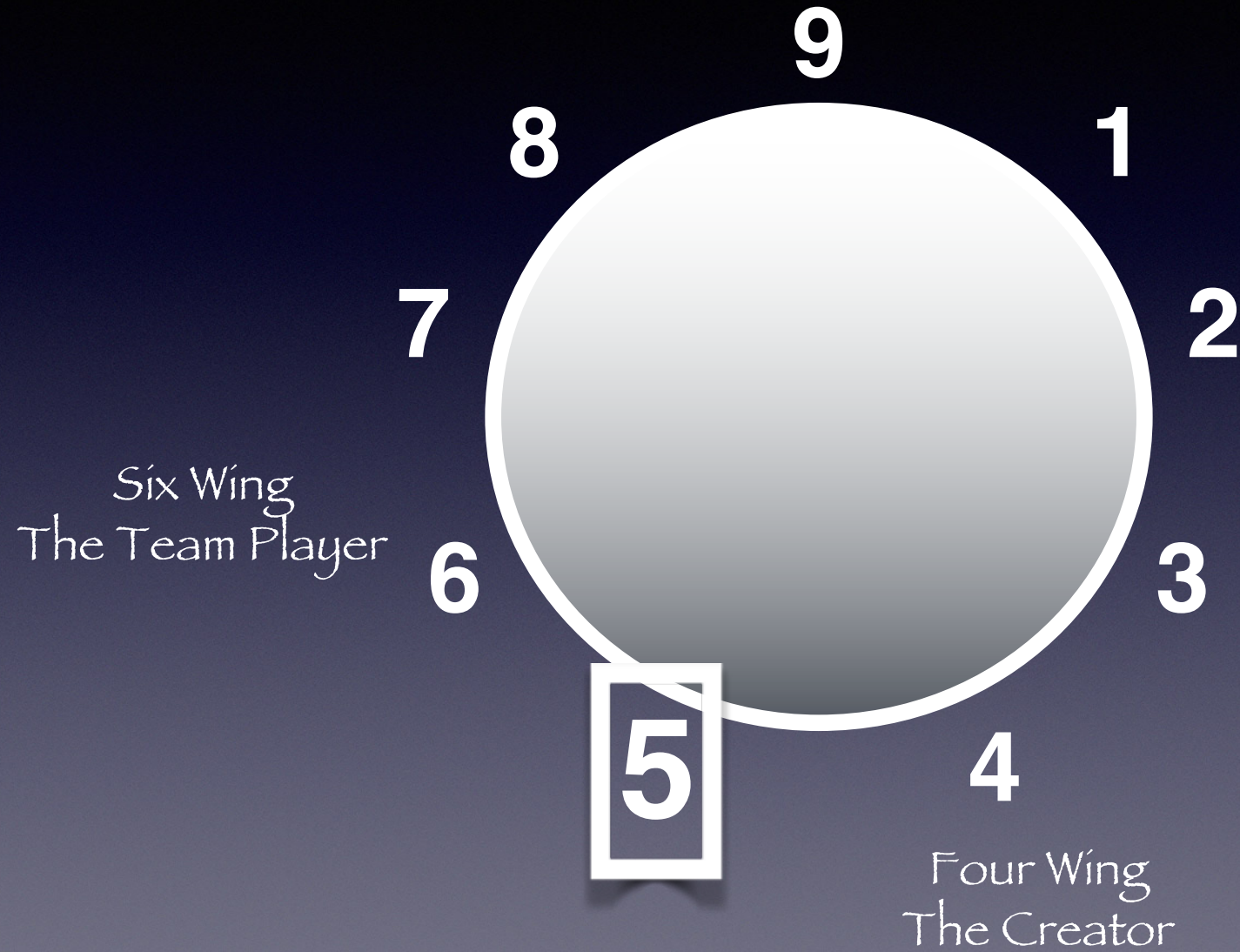
Basic Concepts

- Every type has two wings - a wing on each side
- You can have a dominant wing or feel a close affinity to both wings
- The two wings' energy can strongly influence the main ego type

The Nurturer



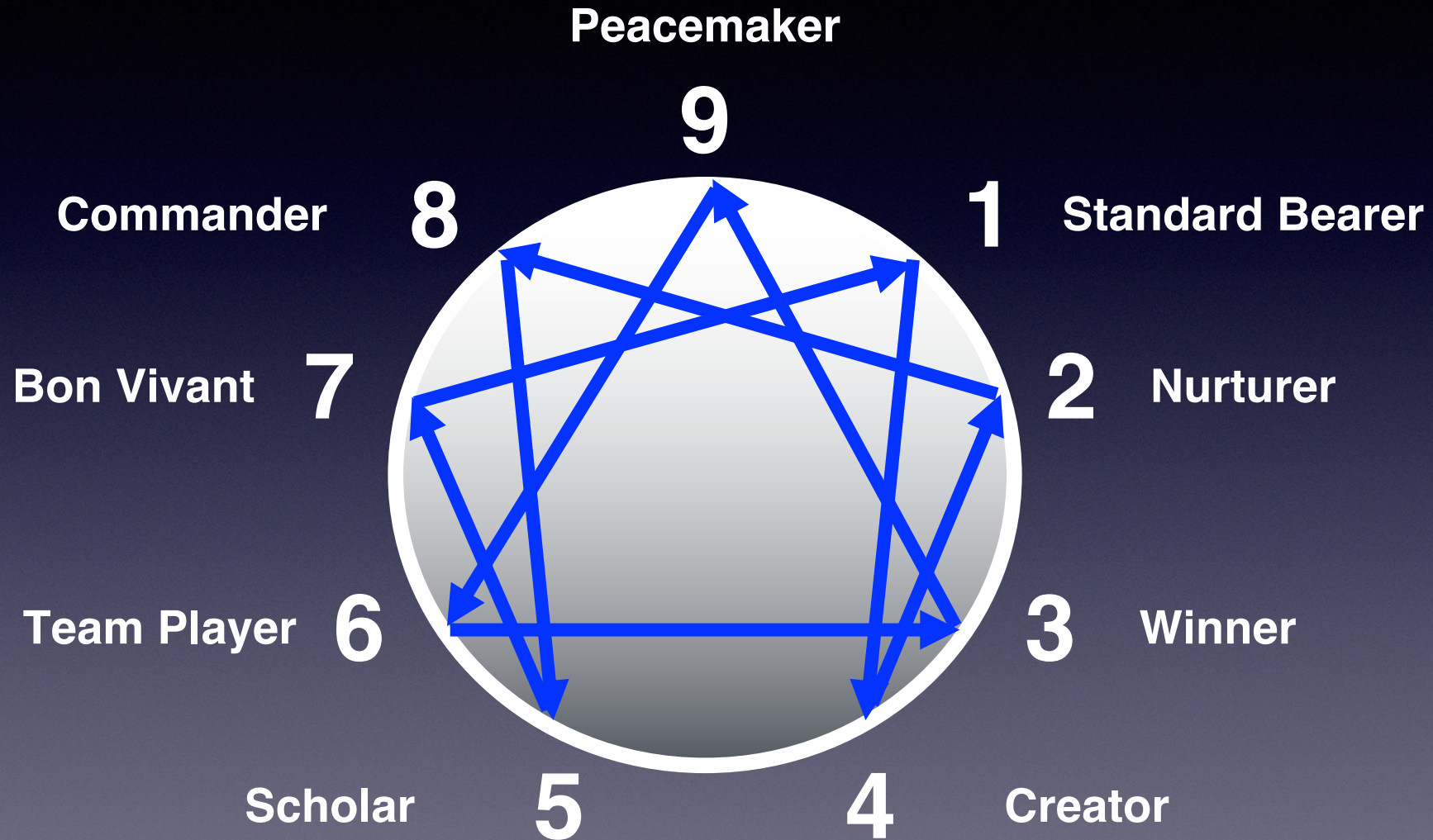
The Scholar



The Commander



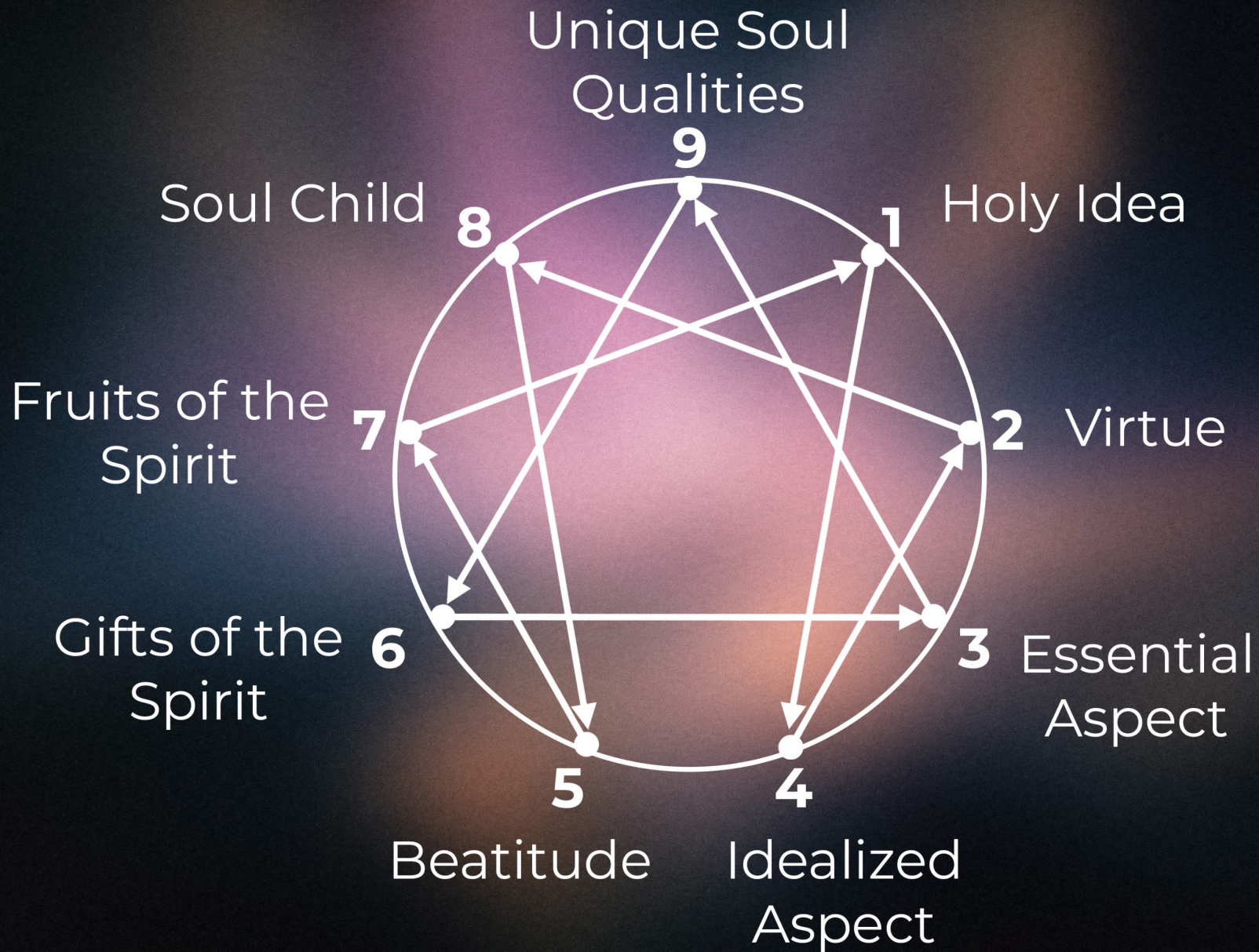
The Nine Enneagram Types





Thank You

Bones of The Soul



Contents of Each Soul Point



The Enneagram of Soul



The Soul Points of The Enneagram of Soul

