

THE SAINT MARK'S
MUSIC

SERIES
2024-2025



Shaker Harmonies

Featuring Choral Arrangements by Kevin Siegfried

The Tudor Choir,
Doug Fullington, conductor
and
Saint Mark's Women's Compline Choir,
Rebekah Gilmore, conductor

Sunday, November 10, 3:00 pm

In-person and livestreamed from
Saint Mark's Episcopal Cathedral, Seattle

LAND ACKNOWLEDGMENT

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

Shaker Harmonies

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PROGRAM

VOYAGE AND ARRIVAL IN AMERICA

At Manchester in England
Paradise
In Yonder Valley *

Richard McNemar, text/Joel Turner, tune, c. 1813
Enfield, CT, c. 1820
Father James Whittaker, Enfield, CT, 1787

MOTHER ANN

Mother Ann's Song *
Little Children, Says Holy Mother
Mother Has Come with Her Beautiful Song *

Mother Ann Lee, 1782
Pleasant Hill, KY 1857
Paulina Springer, Alfred, ME, 1887

LOVE

O Give Me a Little Love
Love is Little *
Rolling On *

Sarah Fletcher, Sabbathday Lake, ME, 1883
South Union, KY, 1834
Canterbury, NH, c. 1880

ANGELS OF WISDOM

Sweet Angels Come Nearer *
Trumpet of Peace
Behold Me, Saith the Angel

Canterbury, NH, c. 1876
New Lebanon, NY, 1839
Philinda Minor, Canterbury, NH, 1852

KINDNESS

Sow the Seeds of Love and Kindness
Tis the Kind Words
Gentle Words *

Sabbathday Lake, ME, 1883
Sarah Fletcher, Sabbathday Lake, ME, 1884
Polly M. Rupe, Pleasant Hill, KY, 1867

DANCE SONGS

Come Old and Young
Vum Vive Vum, from "Angel of Light" *
Simple Gifts *

Enfield, CT, 1811
Shaker dance tune, c. 1844
Joseph Brackett, Alfred, ME, 1848

SING ALONG

Followers of the Lamb *

Clarissa Jacobs, New Lebanon, NY, c. 1847

INTERMISSION

VOYAGE OF A FOLK SONG

The Spiritual Sailor *

You Gentlemen of England
Voyage to Canaan
The Spiritual Sailor

English Folk Song, 1600s
Shaker Hymn attr. Richard McNemar, Union Village, OH, c. 1813
Shape-Note Hymn, c. 1835

BIRD SONGS

Shaker Songbird Medley *

Tis a fine pleasant morning
I am a bright lark
I am a little nightingale
I am a little mourning dove
I'm a beautiful bird with a plumage of love
Tis a fine pleasant morning (reprise)

Harvard, MA, 1846
Harvard, MA, 1847
Harvard, MA, 1846
Harvard, MA, 1844
Canterbury, NH, 1845

NATURE METAPHORS

Star of Purity *
The Humble Heart *
Cords of Love *

Ezra Leggeth, text/Susannie Brady, tune, Union Village, OH, 1868
Eunice Wyeth, text/Thomas Hammond, tune, Harvard, MA, 1820
Canterbury, NH, 1847

ANGELS OF PEACE

Angels of Peace (premiere) *
O Trim Your Lamps
Learned of an Angel

Enfield, CT, c. 1844
Canterbury, NH 1846
Canterbury, NH 1846

FREEDOM

I Want Freedom
Come Love Come Love (premiere) *
O Come Freedom *

Shirley, MA, 1850
Eunice Freeheart, South Union, KY, 1831
Adapted from three Shaker songs, c. 1840s

HUMILITY

My Soul Loves to Walk in the Valley Low
Lay Me Low *

Serena Douglas, Sabbathday Lake, ME, 1871
Addah Z. Potter, New Lebanon, NY, 1838

SING ALONG

Give Good Gifts

Martha J. Anderson, New Lebanon, NY, c. 1888

PARTING SONG

I Will Walk with My Children *

Enfield, NH 1842

* from Kevin Siegfried's "Shaker Harmony Collection"

SONG TEXTS

At Manchester, in England

At Manchester, in England, this blessed fire began
And like a flame in stubble, from house to house it ran:
A few at first receiv'd it, and did their lusts forsake;
And soon their inward power brought on a mighty shake.

The rulers cried, "Delusion! Who can these Shakers be?
Are these the wild fanatics bewitched by Ann Lee?
We'll stop this noise and shaking, it never shall prevail;
We'll seize the grand deceiver, and thrust her into jail."

Before their learned councils, though oft she was arraign'd
Her life was uncondemned, her character unstain'd
And by her painful travel, her suff'rings and her toil,
A little Church was formed on the European soil.

This little band of union, in apostolic life,
Remain'd a while in England, among the sons of strife;
Till the Columbian Eagle, borne by an eastern breeze,
Convey'd this little Kingdom across the rolling Seas.

To mark their shining passage, good angels flew before,
Towards the land of promise, Columbia's happy shore.
Hail, thou victorious gospel! And that auspicious day,
When Mother safely landed in the Hudson's lovely bay!

Near Albany they settled, and waited for a while,
Until a mighty shaking, made all the desert smile.
At length a gentle whisper, the tidings did convey,
And many flock'd to Mother, to learn the living way.

Through storms and persecution, The truth she did maintain,
And show'd how sin was conquer'd, And how we're born again;
The old corrupted nature, From place to place she trod,
And show'd a new creation, The only way of God.

About four year she labour'd, With the attentive throng,
Confirm'd the young believers, And help'd the souls along.
At length she clos'd her labour, And vanished out of sight,
And left the Church increasing, In the pure gospel light.

Paradise

Rejoice with me ye children of the kingdom,
who see the brightness of a gospel day;
and again I say rejoice, for unto us is paradise opened,
and we have entered in, to go no more out.
The tree of life is planted, and our souls daily feast on the fruit of it:
we drink freely of the river of the water of life:
we bathe in the fountain of love, which brings us to God:
and at his right hand are pleasures forevermore.
For the Lord hath redeemed Zion,
and made her wilderness like Eden,
and her desert like the garden of the Lord.

In Yonder Valley

In yonder valley there grows sweet union,
let us arise and take our fill.
The winter's past and the spring appears.
The turtledove is in our land.
In yonder valley there flows sweet union,
let us arise and drink our fill.

Little Children, Says Holy Mother

Little children, says Holy Mother,
soothe and comfort one another.
Draw the cords of union stronger,
wind and bind them around each other.
Make them feel your love and blessing.

Mother Has Come with Her Beautiful Song

Mother has come with her beautiful song, ho ho talla me ho.
She's come to bless her children dear, ho ho talla me ho.
And Christ your Savior will be near, ho ho talla me ho.

O Give Me A Little Love

O give me a little love, little love, little love
give me a little love more
that love that will hold me when trials assail me
O give me a little love more.

Tis heaven I'm seeking by this I am keeping
the treasure you give me in store
and all I would ask of you, brethren and sisters,
is just a little love more.

Love Is Little

Love is little, love is low,
love will make my spirit grow.
Grow in peace, grow in light,
love will do the thing that's right.

Rolling On

I hear the gladsome song of love, of peace divine,
of heavenly mirth,
like waves of music from the spheres above, rolling on o'er
the plains of earth.
Rolling on, rolling on; no power the fullness of its might
can stay,
the light of heaven breaking forth shall sweep the mists
of doubt away.

Sweet Angels Come Nearer

Sweet angels, come nearer,
O nearer and nearer,
do list to our pleadings
for strength from on high.
This world's seeming pleasures,
its riches and honors,
the immortal spirit can never supply.

Trumpet of Peace

Lo! Know ye not that I am your guardian angel?
And by the hand of the Lord ye shall be brought
unto a land of freedom;
yea with an outstretched arm and a mighty hand,
I will bring my chosen people to a land of liberty.
Wars and tumults shall cease;
peace shall be restored unto that happy land;
and I will sound my trumpet loudly,
many people shall come from afar to receive this gospel.
O happy day! Happy, happy day!
The angels in heaven shall rejoice and be glad,
for Columbia shall gain the victory.

Behold Me, Saith the Angel

Behold me, saith the Angel of holy truth and love,
I'm cloth'd with holy wisdom, I'm from her throne above;
I've come to cheer and comfort the weary, worn, distressed,
to give them of her blessing, her comfort, peace, and rest.

And saith the voice of Wisdom, my children, watch and pray,
lest you in times of trial by careless steps do stray.
Not one's by me forgotten, but with a watchful eye
cryeth holy, holy Wisdom, your wants I'll well supply.

Sow the Seeds of Love and Kindness

Sow the seeds of love and kindness
while on earth you do remain
Angel hands will guard the harvest
till you reap the golden grain
No harsh tones your tongues should utter
tho severe your trials are
every wrong will yet be righted
we shall stand just as we are.

Tis the Kind Words

Tis the kind words, tis the sweet words
that will heal the broken-hearted
that will lift our spirits up from the depths of despair
O then I will speak them unto you my brother
I'll breathe forth a blessing to you my dear sister.

Gentle Words

What the dew is to the flower,
gentle words are to the soul;
and a blessing to the giver,
and so dear to the receiver,
we should never withhold.

Gentle words kindly spoken
often soothe the troubled mind,
while links of love are broken
by words that are unkind.
Then O thou gentle spirit,
my constant guardian be,
"Do to others," be my motto,
"as I'd have them do to me."

Come Old and Young

Come old and young, come great and small,
here's love and union free for all;
and every one that will obey,
has now a right to dance and play:

For dancing is a sweet employ;
it fills the soul with heavenly joy;
it makes our love and union flow,
while round and round and round we go.

Vum Vive Vum, from *Angel of Light*

Vum vive vum vive vum vum vo
ve vum vive vum vive vum vum vo
vum vive vum vive vum vum vo
ve vum vive vo ve vum vum vo

Simple Gifts

Tis the gift to be simple, tis the gift to be free,
tis the gift to come down where we ought to be,
and when we find ourselves in the place just right,
twill be in the valley of love and delight.

When true simplicity is gained,
to bow and to bend we shan't be ashamed
to turn turn will be our delight
till by turning turning we come round right.

Followers of the Lamb

Clarissa Jacobs
New Lebanon, NY c. 1847

Arr. Kevin Siegfried

♩. = c. 112

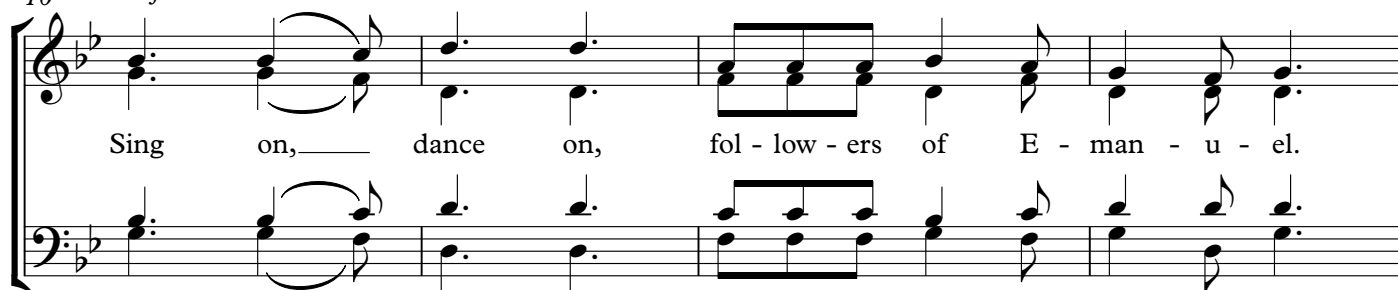


O Breth - ren ain't you hap - py, O Breth - ren ain't you hap - py, O
O Sis - ters ain't you hap - py, O Sis - ters ain't you hap - py, O
I'm glad I am a Shak - er, I'm glad I am a Shak - er, I'm



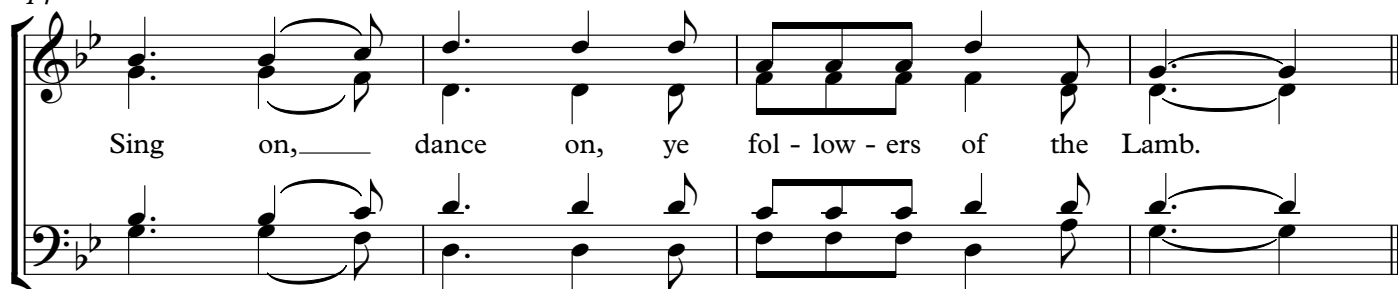
Breth - ren ain't you hap - py, Ye fol - low - ers of the Lamb. O Lamb.
Sis - ters ain't you hap - py, Ye fol - low - ers of the Lamb. O Lamb.
glad I am a Shak - er, Ye fol - low - ers of the Lamb. O Lamb.

10 *Refrain*



Sing on, dance on, fol - low - ers of E - man - u - el.

14



Sing on, dance on, ye fol - low - ers of the Lamb.

4. I'll cross my ugly nature,
I'll cross my ugly nature,
I'll cross my ugly nature,
Ye followers of the Lamb. (2x)
Refrain

5. I mean to be obedient,
I mean to be obedient,
I mean to be obedient,
Ye followers of the Lamb. (2x)
Refrain

The Spiritual Sailor

1. You Gentlemen of England

You gentlemen of England who live at home at ease,
full little do you think upon the danger of the Seas;
give ear unto the Mariners, and they will plainly show,
all the cares, and the fears, when the stormy winds do blow.

The sailor must have courage, no danger must he shun;
in every kind of weather his course he still must run;
now mounted on the top-mast, how dreadful 'tis below;
then we ride as the tide while the stormy winds do blow.

2. Voyage to Canaan

A people called Shakers, how many things they tell,
about a land of Canaan, where saints and angels dwell;
but sin, that dreadful Ocean, encloses them around,
with its tides, still divides them from Canaan's happy ground.

The everlasting gospel has launch'd the deep at last;
behold her sails extended around the tow'ring mast!
Along the deck in order, the joyful sailors stand,
crying O! here we go, to Emmanuel's happy land!

3. The Spiritual Sailor

The people called Christians, have many things to tell,
about the land of Canaan, where saints and angels dwell;
but here a dismal ocean, encloses them around,
with its tides, still divides them from Canaan's happy ground.

The passengers united in order, peace, and love;
the wind is in our favor, how swiftly do we move!
Though tempests may assail us, and raging billows roar,
we will sweep thro' the deep, till we reach fair Canaan's shore.

Shaker Songbird Medley

1. Tis a Fine Pleasant Morning

Tis a fine pleasant morning, let us rise and take a sail
on the river of love where our souls can regale
on the heavenly breezes that float along the stream
of this beautiful river so fair and so clean.

Here the pretty little songsters swell their pleasant notes of praise
while the lowly Philomela sweetly sings sings sings.
Philomela philomel philomela philomel O way,
Philomela philomela philomela lo.

2. I Am a Bright Lark

I am a bright lark, I sing in the morning,
I sing, sing, sing sing, etc.

3. I Am a Little Nightingale

I am a little nightingale and sweetly I do sing
in the silent watches of the night I make my music ring
and around Mother's children I flutter and fly
bringing pretty songs of love their spirits to revive

4. I Am a Little Mourning Dove

I am a little mourning dove
I mourn, I mourn with my Mother in heaven
Yea I mourn with her children on earth
and blessed are they that can mourn and sigh
Yea blessed are they that can mourn and cry.

5. I'm a Beautiful Bird with a Plumage of Love

I'm a beautiful bird with a plumage of love,
a spirit reviver in the fair courts above;
there my notes know no bounds as I flutter and rove,
midst the blossoming trees of the sweet orange groves.
In the thick foliage I hide me away;
perched on the blossoms you'll hear my notes play,
Tril lil lil lil, tril lil lil lil lo lo, etc.

Star of Purity

O brighter than the morning star is the heart that's pure and free,
and the light that's everlasting there, the star of purity.
The sun shall wane, the stars go down, and reign of time be o'er,
but the living light in the heart that's pure shall shine forevermore.

The gems within the ocean deep and the wealth her caverns bear,
let the oceans and the caverns keep in darkness hidden there.
But O Almighty Father send thine angels from above,
to kindle in my heart a fire of purity and love.

The Humble Heart

Whence comes this bright celestial light, what cause
produces this?
A heaven opens to my sight, bright scenes of joy and bliss.
O Lord Jehovah art thou here? This light proclaims thou art.
I am indeed, I'm always near unto the humble heart.

The proud and lofty I despise but bless the meek and low.
I hear the humble soul that cries, and comfort I bestow.
Of all the trees among the wood I've chose one little vine,
The meek and low are nigh to me, the humble heart is mine.

Tall cedars fall before the wind, the tempests break the oak.
While slender vines will bow and bend and rise beneath the stroke.
I've chosen me one pleasant grove and set my lovely vine.
Here in my vineyard I will rove, the humble heart is mine.

Cords of Love

How blest are the souls who walk in pure wisdom,
whose feet are well planted in virtue's fair soil,
who cheerfully work in Mother's pure garden,
and for her rich blessings do willingly toil.

Such, such shall dwell in glorious mansions,
yea soar in bright glory above,
there, there, sing forever, yea ever and ever,
encircled in cords of the purest love, love.

Angels of Peace

O the bright shining angels of peace are hovering all around you;
Saying, Blessed, yea Blessed are the living stones that
compose the building of God.
These beautify Zion's habitation and make glorious the
courts of the Lord;
where dwelleth eternal love.

O Trim Your Lamps

O trim your lamps ye virgins fair,
for the coming of Gabriel prepare,
tune your harps my chosen band,
for the promised blessing is near at hand.

Ye trumpeters sound,
Yea spread the tidings all around,
let Zion's inhabitants now rejoice
and shout in one united voice. Lo!

I Want Freedom

I want freedom, I want love.
I want the pretty gifts that come from above.
I hate bondage and I'll not be bound.
Come pretty freedom and love flow around.

Come Love Come Love

Come love come love, come sweet love and fill our souls
come love come love, precious gift of Mother.
Come sweet love and flow around and flow around and
flow around
come sweet love and flow around, unite us all together.

O Come Freedom

Refrain: O come freedom, O come pretty freedom;
fill my soul with life and liberty.

O I want one drop of freedom; O I thirst for freedom pretty
freedom. *Refrain*
I love freedom, I love pretty freedom; I feel thankful for
my privilege. *Refrain*
Freedom, freedom, pretty pretty way; I'll gather gather to
it every day. *Refrain*

My Soul Loves to Walk in the Valley Low

My soul loves to walk in the valley low,
where the beautiful fruits of the gospel grow,
where all discordant feelings flee,
and the still small voice reigns triumphantly.

This is wisdom's vale where is joy and delight
her paths are peace and her burdens light
and though heavy winds and tempests assail
they cannot lay waste this beautiful vale.

Lay Me Low

Lay me low.
Where the Lord can find me,
where the Lord can own me,
where the Lord can bless me.

I Will Walk with My Children

I will walk with my children in holy garments,
unspotted, unspotted with sin.
I will dwell with the holy, I will dwell with the lowly,
And they with my spirit and power shall be filled.

This concert is offered in recognition of the 250th anniversary of the Shakers' arrival in America. Shaker music is part of our precious American musical heritage. The Sabbath-day Lake Shakers are the active guardians of this musical tradition, and we extend our deep thanks to Brother Arnold Hadd and Sabbathday Lake for sharing their music with us and giving us permission to perform music from their extensive archives.

Give Good Gifts

"Original Shaker Music" vol. 2, (1893)

Martha Jane Anderson (1844-1897)
New Lebanon, NY

Give. good gifts one_ to an-oth-er, Peace, joy and com - fort glad - ly be-stow;

The first system of the musical score for 'Give Good Gifts'. It consists of a treble and a bass staff in 4/4 time, with a key signature of two flats (B-flat and E-flat). The melody is in the treble staff, and the accompaniment is in the bass staff. The lyrics are written below the treble staff.

Har-bor no ill 'gainst sis - ter or broth-er, Smooth life's jour-ney, As you on - ward go.

The second system of the musical score. It continues the melody and accompaniment from the first system. The lyrics are written below the treble staff.

Broad as the sun-shine, free_ as the show-ers, So shed an in - flu-ence bless - ing to prove;

The third system of the musical score. It continues the melody and accompaniment. The lyrics are written below the treble staff.

Give for the no - blest of ef - forts your pow'rs; Blest and be blest, is the law of love.

The fourth system of the musical score. It continues the melody and accompaniment. The lyrics are written below the treble staff. The system ends with a double bar line and repeat dots. There is an asterisk (*) above the final note of the melody.

* last time only

THE SHAKERS: WHO ARE THEY?

The United Society of Believers, commonly known as the Shakers, have best been described as a Protestant Monastic Community. An old hymn of ours states “At Manchester in England this blessed fire began” and so it did in 1747. The first Believers had come out of the formalized, rational, and often cold life of the Church of England. They sought to imitate the primitive Church in all that they did. To this nascent group came a highly spiritual and gifted woman named Ann Lee. By 1770 she had become the leader of the Church and was acknowledged by the members to be their spiritual Mother in Christ. Even today, Shakers still refer to her as Mother Ann in remembrance of her special call and dedication to God.

In the year 1774 an opportunity arose for those who felt able to come to America to preach the Gospel. In May of that year nine members, including Mother Ann, embarked on the ship *Mariah* for a two-month voyage to America. They landed in New York City on August 6. [Today we continue to commemorate this event with a special worship service.] Several members went up the Hudson River to Niskayuna, just outside Albany. They purchased a tract of land and immediately set to building a home in the wilderness.

The Shakers, being newly arrived from England, and pacifists, kept a low profile. There was a religious revival in progress in the surrounding district and soon the Shakers were discovered. Mother Ann and the Elders decided to make a missionary tour. Due to the charisma of Mother Ann and the preaching of Father James and Father William, many converts were made. Mother Ann preached a way of life that was a living theology. However, there seemed to be even more persecutors than converts. The brutal and frequent attacks took their toll. Father William Lee, Mother Ann’s natural brother expired on July 21, 1784. In less than two months, Mother Ann herself died. For the next three years, Father James would head the Church. He wore himself out and died in 1787, leaving the Church in the hands of the American converts.

Father Joseph Meacham and Mother Lucy Wright were chosen to lead the Church. It was under these two most capable leaders that the Societies were called into “Gospel Order.” Community life as they envisioned it requires a person to live their life based on the life and teachings of Christ: to be celibate, to confess their sins, practice a community of goods, and be pacifists. From the beginning there has been equality for all, regardless of race or gender.

The administration of Father Joseph and Mother Lucy marked the greatest period of growth for the Shakers. At the time of Mother Lucy’s death in 1821 there were 18 communities stretching from Maine to Kentucky. The following four decades were ones of stability and, for most of the Communities, prosperity. Peaking at five thousand members, the Shaker were never a large religion, but we have affected the “World” greatly by our technology, ingenuity, and reliable products.

Following the Civil War, there came a time of decline for many of the Societies, and a gradual retrenchment began to occur. At the close of the century, Communities were forced to close because of debts and lack of membership. Thankfully, the Maine communities at Alfred and Sabbathday Lake were relatively isolated. They began to enjoy their greatest times of stabilized membership and financial prosperity. Most importantly, when the other Societies were abandoning the tenets of the faith, the Maine Shakers continued to practice the traditional way of life.

Central to the life has been the act of worship. Of all the various “gifts” received by the Brothers and Sisters, songs and singing have remained a constant. Sister Mildred Barker was often quoted as saying, “there is a Shaker song for every occasion.” It would be hard to argue with Sister Mildred in that there are over ten thousand songs extant. Songs are sung during the various worship services each day and continue to be handed down to the newer members by the older ones. This has been our way for over two hundred years.

Today, only the place we call Chosen Land is still a functioning Community. We might be few in number, but we look with hope to the future knowing that God will provide; She always has.

The Sabbathday Lake Shakers
New Gloucester, Maine

Learn more about
the Sabbathday Lake
Shakers by scanning
this QR Code.



ABOUT THE ARTISTS



Founded by Doug Fullington in 1993, **The Tudor Choir** is a Seattle-based vocal chamber ensemble hailed as “a superb choir” (*Gramophone*) and “a choir to watch” (*Fanfare*). The choir most recently was a resident ensemble at historic Blessed Sacrament Church in Seattle’s University District from 2008 to 2015 and currently gives periodic performances. The choir has also been Artists-in-Residence at St. Mark’s Cathedral, Seattle; a Resident Ensemble at St. Thomas Episcopal Church, Medina; and a Guest Choral Artist at St. James Cathedral, Seattle.

The Tudor Choir specializes in Renaissance polyphony and also has been acclaimed for its performances of early American and contemporary music. The choir has performed extensively throughout the Pacific Northwest, including concert appearances in Vancouver, British Columbia, and Portland, Oregon, and has made guest appearances with the Mark Morris Dance Group, Pacific Northwest Ballet, Seattle Baroque Orchestra, Seattle Symphony, and Early Music Guild of Seattle. The choir made its East Coast debut in December 2012, performing at the Kennedy Center in Washington, D.C. and in Pennsylvania. The Tudor Choir has made a number of recordings for the Loft, Gothic, and Scribe labels.

The Tudor Choir also has cultivated relationships with a number of world-renowned conductors and especially with Peter Phillips, director of the Tallis Scholars. Mr. Phillips has conducted the choir in a number of concerts, including joint performances with members of the Tallis Scholars at the Tallis Scholars Summer School USA in Seattle. The choir also has sung under the direction of Stephen Cleobury (King’s College, Cambridge), Martin Haselböck (Vienna), Paul Hillier (Hilliard Ensemble, Theatre of Voices), and Andrew Parrott (Taverner Choir).

Musician and dance historian **Doug Fullington** founded the Tudor Choir in 1993 and has also conducted Pacific Northwest Ballet Orchestra and Seattle Baroque Orchestra. With Marian Smith, Doug has co-edited the first critical edition of Adolphe Adam’s ballet *Giselle* (Bärenreiter, 2024) and co-authored *Five Ballets from Paris and St. Petersburg* (Oxford, 2024). A fluent reader of Stepanov choreographic notation, Doug has contributed historically informed dances to ballet productions around the world.

The Tudor Choir

Doug Fullington, director

Soprano

Rebekah Gilmore
Maria Mannisto
Margaret Obenza
Ruth Schauble

Alto

Haley Gabler
Linda Sabee Mitakides

Tenor

Tim Blok
Orrin Doyle
David Hendrix

Bass

T.J. Callahan
Evan Norberg
Markdavin Obenza



In the summer of 2019, the **Women's Compline Choir** was formed to chant the Office of Compline at Saint Mark's Cathedral. The men of the Compline Choir have prayed the office in the Compline corner of Saint Mark's for over 65 years. Hearing the service chanted by women's voices continues to be deeply moving to many. Now a tradition at Saint Mark's in its own right, Director Rebekah Gilmore gathers some of the finest choral singers in the Seattle region, both professional and amateur, to chant the office in its familiar form several times a year, with choral repertoire that explores breadth of repertoire written for women's voices — from Medieval chant to world premiers — filling the cathedral nave with the luminous and angelic timbre of women's voices at the close of the day.

St. Mark's Women's Compline Choir

Rebekah Gilmore, conductor

Soprano

Julia Baker
Clara Berg
Erika Chang
Sarah Eisert
Maeghan Guterman
Natalie Ingrisano
Anne Lyman
Maria Mannisto
Ailisa Newhall
Margaret Obenza
Molly Porter
Ruth Schauble

Alto

Sibyl Adams
Jamie Balducci
Sheila Bristow
Teresa Clark
Amanda Davis
Robin Ethridge
Haley Gabler
Lauren Kastanas
Teresa Lin
Melissa Plagemann
Linda Sabee Mitakides
Claire Thomas

Rebekah Gilmore is a choral conductor, church musician, and freelance soprano in the Pacific Northwest. As a choral conductor and music educator, Rebekah serves as Associate Musician and Director of the Cathedral Choir School at Saint Mark's Cathedral training children and youth as choral scholars and liturgical musicians. In 2019, she founded and continues to direct the St. Mark's Cathedral Women's Compline Choir. Rebekah sits on the board of the Royal School of Church Music in America.

As a soprano, Rebekah has performed with the Tudor Choir, the Byrd Ensemble, the Emerald Ensemble, Tacoma Early Music Ensemble, Musing, Polyphony Plus, Cappella Romana, the St. James Cathedral Cantorei and has sung on numerous movie, TV, and video game soundtrack recordings.

When not making music, Rebekah delights in being mom to her daughter, Esther, and supporting her husband, Tyler, in their family business, Brier Patch Farm, which provides organic produce to their local community in Brier, Washington.

NOTE FROM BROTHER ARNOLD HADD



As a composer and arranger deeply committed to the performance and preservation of early American music, **Kevin Siegfried** has devoted much of his career to raising awareness of Shaker musical traditions. Choral arrangements from his “Shaker Harmony Collection” are published by Earthsongs, G. Schirmer, and E. C. Schirmer, and have been performed and recorded by choirs around the globe. “Lay Me Low,” one of Siegfried’s most frequently performed Shaker arrangements, was sung by The Joint Armed Forces Chorus at the State Funeral of President George H. W. Bush. In recent years, Siegfried has undertaken extensive archival research at Sabbathday Lake Shaker Village in Maine, the only active Shaker community in the United States. This research has led to multiple collaborations with Brother Arnold Hadd, who carries on the 200-plus-year oral tradition of Shaker song. These collaborations have included concert performances at Sabbathday Lake, a film for the American Folklife Center entitled “Shaker Spirituals in Maine,” and the recording of two oral histories for the Library of Congress. This past June, Siegfried presented a “Community Sing” at the Library of Congress in acknowledgement of the 250th anniversary of the Shakers in North America. Since 2014, he has served as composer-in-residence with the Capitol Hill Chorale in Washington, DC. He teaches at The Boston Conservatory at Berklee.



Peace, everyone. I’m sorry we can’t be with you in Seattle today. As you’ve heard, 2024 marks the 250th anniversary of the Shakers leaving England and coming to America. Here at Sabbathday Lake Shaker Village in New Gloucester, Maine, we have been celebrating 2024 as our year of jubilee. You are a part that celebration today at Saint Mark’s Cathedral as you commemorate this anniversary with music. Music speaks to the very heart of the Shaker movement. Everything a Shaker has is a gift from God, and music has been to us an enduring gift that goes hand in hand with faith. It explains our lives and lets the world know what we believe and how we live. I hope you enjoy this music-filled afternoon and begin to have a better understanding of the depth of Shaker music. The values expressed in our songs are still being lived out at Sabbathday Lake – the only active Shaker community in the world – and we invite you all to visit. We have recently begun restoration of our 200-year-old Herb House, the only Shaker herb house still standing. It’s an exciting project that involves taking a derelict building and converting it into a cultural and traditional arts center. The Herb House Cultural Center will open our community for the world to come in, to enjoy, to understand, and to put their hands to work as we give our hearts to God. Come visit us. We make you freely welcome. God bless you.

Brother Arnold
Sabbathday Lake Shaker Village



SHAKER
VILLAGE

SABBATHDAY LAKE, MAINE

JOIN US FOR THE NEXT SAINT MARK'S MUSIC SERIES CONCERT

Organ Plus in Thomsen Chapel

Friday, January 17, 7:30 pm

Sunday, January 19, 3 pm

Saint Mark's Thomsen Chapel

Soprano Laura Loge and Saint Mark's Associate Organist John Stuntebeck will bring Scandinavian church music to Thomsen Chapel exploring ancient Norwegian stevtoner, Danish organ works, Swedish church arias, folk song and hymns, and settings of religious texts up to the present.



In-person and livestream tickets available at
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AND FOR THE MONTHLY *Organ by Night* SERIES

Organ by Night is presented at Saint Mark's Cathedral on the third Sunday of each month following the Compline service, about 10:00 pm. Informal mini-concerts will introduce you to the power and beauty of a real pipe organ. All are welcome in-person in the nave or join the organist in the loft to get a feel for what playing an instrument of this size is like. Ask questions and learn more about the Flentrop organ after the concert.

NEXT UP on SUNDAY, NOVEMBER 17

John Stuntebeck performing:

Pièce sur des airs populaires flamands by Nadia Boulanger

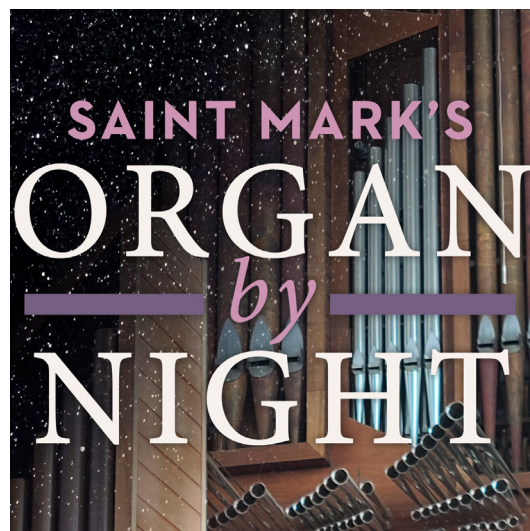
Passacaglia and Fugue in c-minor, BWV 582 by J.S. Bach

John Stuntebeck serves as the Associate Organist at Saint Mark's Episcopal Cathedral where he leads congregational singing, accompanies the choirs, and offers selections from the organ repertoire for church services throughout the liturgical year. John has performed in a wide variety of concerts of varying styles throughout the region around the Puget Sound. He earned the degree of Bachelor of Arts from the Ohio State University and received his Masters in Music the University of Washington.

MORE UPCOMING *Organ by Night* CONCERTS:

DECEMBER 15 - Michael Kleinschmidt

JANUARY 19 - Michael Plagerman



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